

Profile of Idaho Health Disparities:

*A Compilation of Data from
US Census, American Community Survey,
Idaho Vital Statistics and the
Behavior Risk Factor Surveillance System*

Idaho State University
for the
Idaho State Office of Rural Health and Primary Care

Principal Investigator

Galen Louis, Ph.D.

March 31, 2007

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Introduction

The mission of the Idaho State Office of Rural Health and Primary Care is to promote access to quality health care for people in Idaho. The office supports its mission through a variety of programs, services, and activities. Idaho State University (ISU) is one of four state-funded four-year institutions in the state of Idaho. It is home to the Kasiska College of Health Professions and has the distinction of having the only Council on Education for Public Health (CEPH) accredited Master of Public Health program in Idaho. This project, "Profile of Idaho Health Disparities: A Compilation of Data from US Census, American Community Survey, Idaho Vital Statistics and the Behavior Risk Factor Surveillance System" was conducted by ISU through a contract with the Idaho State Office of Rural Health and Primary Care.

Purpose of this Report

Idaho State University was asked to create charts and visual presentations to augment the data that the Idaho State Office of Rural Health and Primary Care had collected. This report is broken down in 3 sections. The first section is from demographic data derived from US Census and the American Community Survey. Although these data were not supplied to ISU, it was felt that a general overview of Idaho demographics would add context to the ensuing charts. The second section is composed of charts that compare adult risk behaviors from the Behavior Risk Factor Surveillance System (BRFSS). Where appropriate, risk behaviors were compared among Idaho adults by race/ethnicity, age group, income level, educational attainment and geographic designation (rural vs. urban). The third section consists of miscellaneous charts derived from Idaho Vital Statistics and from the Pregnancy Risk Assessment Tracking System (PRATS).

SECTION I:

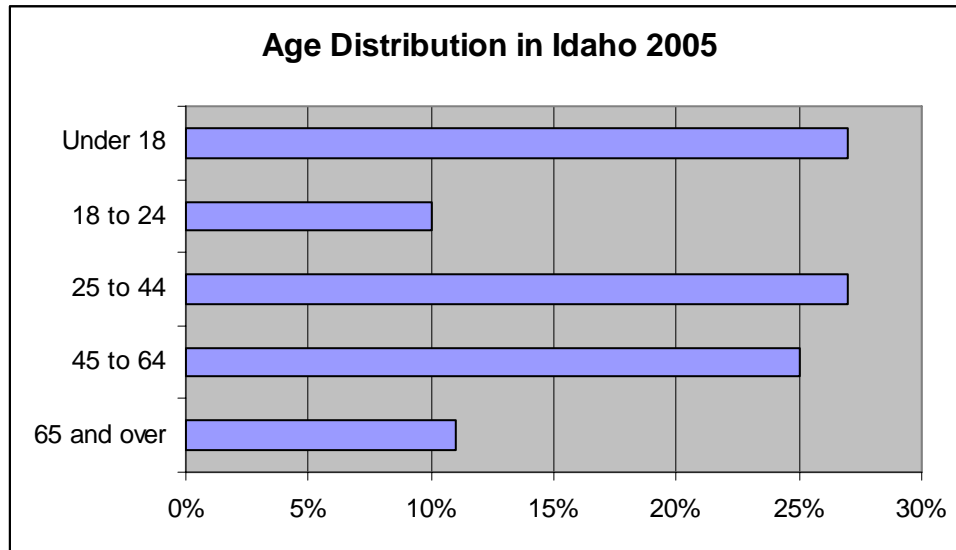
General Demographics of Idaho from the US Census and the American Community Survey

2005 American Community Survey Data Profile Highlights

| General Characteristics | Estimate | Percent | U.S. |
|---------------------------------------------------------------------------|-----------------|----------------|-------------|
| Total population | 1,395,634 | | |
| Male | 695,097 | 49.8 | 49.0% |
| Female | 700,537 | 50.2 | 51.0% |
| Median age (years) | 34.6 | (X) | 36.4 |
| Under 5 years | 105,906 | 7.6 | 7.0% |
| 18 years and over | 1,022,698 | 73.3 | 74.6% |
| 65 years and over | 156,720 | 11.2 | 12.1% |
| One race | 1,368,305 | 98.0 | 98.1% |
| White | 1,281,279 | 91.8 | 74.7% |
| Black or African American | 5,931 | 0.4 | 12.1% |
| American Indian and Alaska Native | 15,817 | 1.1 | 0.8% |
| Asian | 15,117 | 1.1 | 4.3% |
| Native Hawaiian and Other Pacific Islander | 1,054 | 0.1 | 0.1% |
| Some other race | 49,107 | 3.5 | 6.0% |
| Two or more races | 27,329 | 2.0 | 1.9% |
| Hispanic or Latino (of any race) | 126,785 | 9.1 | 14.5% |
| Household population | 1,395,634 | | |
| Group quarters population | (X) | (X) | (X) |
| Average household size | 2.62 | (X) | 2.60 |
| Average family size | 3.11 | (X) | 3.18 |
| Total housing units | 595,572 | | |
| Occupied housing units | 532,135 | 89.3 | 89.2 |
| Owner-occupied housing units | 379,948 | 71.4 | 66.9 |
| Renter-occupied housing units | 152,187 | 28.6 | 33.1 |
| Vacant housing units | 63,437 | 10.7 | 10.8 |
| Social Characteristics | Estimate | Percent | U.S. |
| Population 25 years and over | 877,031 | | |
| High school graduate or higher | (X) | 86.7 | 84.2% |
| Bachelor's degree or higher | (X) | 23.3 | 27.2% |
| Civilian veterans (civilian population 18 years and over) | 132,844 | 13.0 | 10.9% |
| Disability status (population 5 years and over) | 200,567 | 15.6 | 14.9% |
| Foreign born | 76,377 | 5.5 | 12.4% |
| Male, Now married, except separated (population 15 years and over) | 323,800 | 60.4 | 55.9% |
| Female, Now married, except separated (population 15 years and over) | 317,613 | 57.6 | 51.0% |
| Speak a language other than English at home (population 5 years and over) | 124,745 | 9.7 | 19.4% |
| Economic Characteristics | Estimate | Percent | U.S. |
| In labor force (population 16 years and over) | 716,223 | 67.2 | 65.9% |
| Mean travel time to work in minutes (workers 16 years and over) | 19.8 | (X) | 25.1 |
| Median household income (in 2005 inflation-adjusted dollars) | 41,443 | (X) | 46,242 |
| Median family income (in 2005 inflation-adjusted dollars) | 48,775 | (X) | 55,832 |
| Per capita income (in 2005 inflation-adjusted dollars) | 20,350 | (X) | 25,035 |
| Families below poverty level | (X) | 10.3 | 10.2 |
| Individuals below poverty level | (X) | 13.9 | 13.3 |
| Housing Characteristics | Estimate | Percent | U.S. |
| Owner-occupied homes | 379,948 | | |
| Median value (dollars) | 134,900 | (X) | 167,500 |
| Median of selected monthly owner costs | | | |
| With a mortgage (dollars) | 996 | (X) | 1,295 |
| Not mortgaged (dollars) | 285 | (X) | 369 |

Source: U.S. Census Bureau, 2005 American Community Survey

POPULATION OF Idaho: In 2005, Idaho had a household population of 1.4 million - 701,000 (50 percent) females and 695,000 (50 percent) males. The median age was 34.6 years. Twenty-seven percent of the population were under 18 years and 11 percent were 65 years and older.

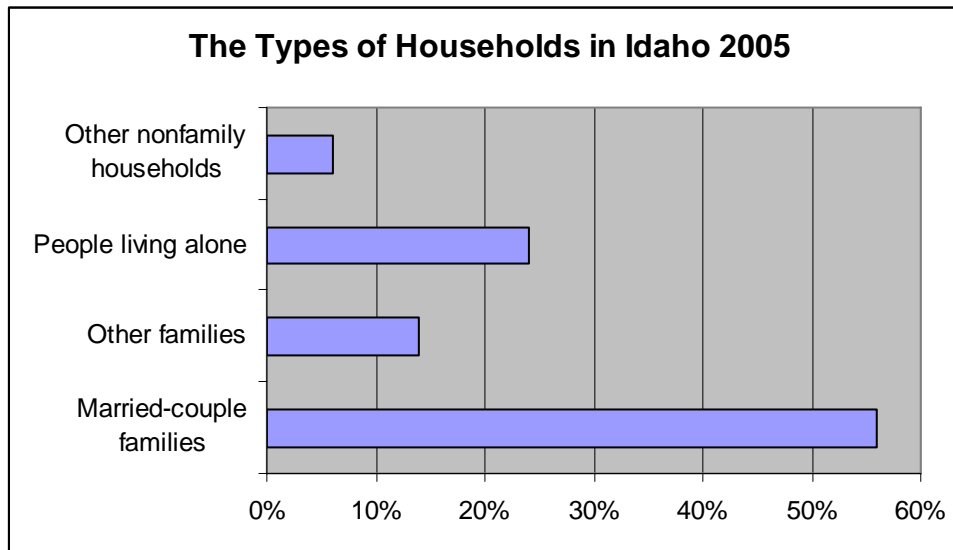


Source: American Community Survey, 2005

For people reporting one race alone, 94 percent were White; less than 0.5 percent were Black or African American; 1 percent were American Indian and Alaska Native; 1 percent were Asian; less than 0.5 percent were Native Hawaiian and other Pacific Islander, and 4 percent were some other race. Two percent reported two or more races. Nine percent of the people in Idaho were Hispanic. Eighty-seven percent of the people in Idaho were White non-Hispanic. People of Hispanic origin may be of any race.

HOUSEHOLDS AND FAMILIES: In 2005, there were 532,000 households in Idaho. The average household size was 2.6 people.

Families made up 70 percent of the households in Idaho. This figure includes both married-couple families (56 percent) and other families (14 percent). Nonfamily households made up 30 percent of all households in Idaho. Most of the nonfamily households were people living alone, but some were comprised of people living in households in which no one was related to the householder.

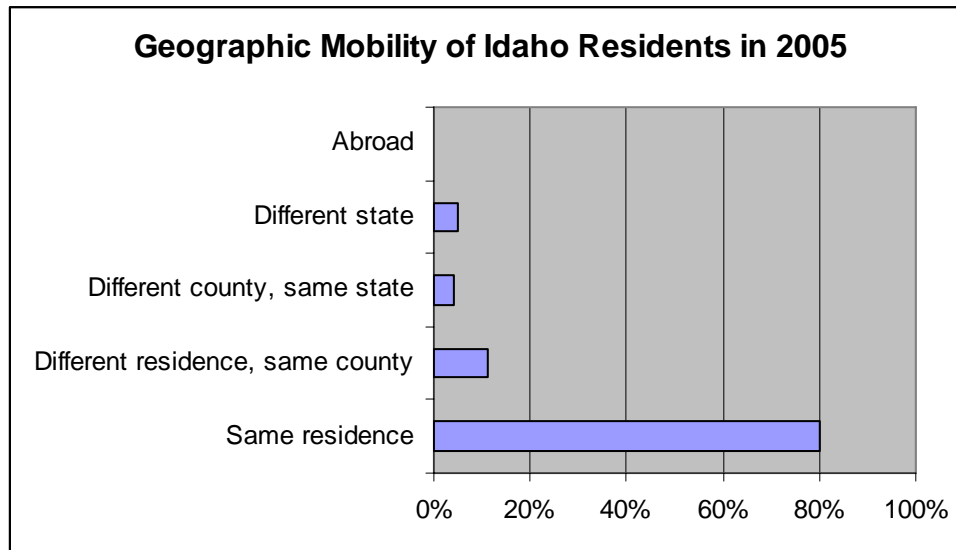


Source: American Community Survey, 2005

NATIVITY AND LANGUAGE: Five percent of the people living in Idaho in 2005 were foreign born. Ninety-five percent were native , including 47 percent who were born in Idaho.

Among people at least five years old living in Idaho in 2005, 10 percent spoke a language other than English at home. Of those speaking a language other than English at home, 75 percent spoke Spanish and 25 percent spoke some other language; 43 percent reported that they did not speak English "very well."

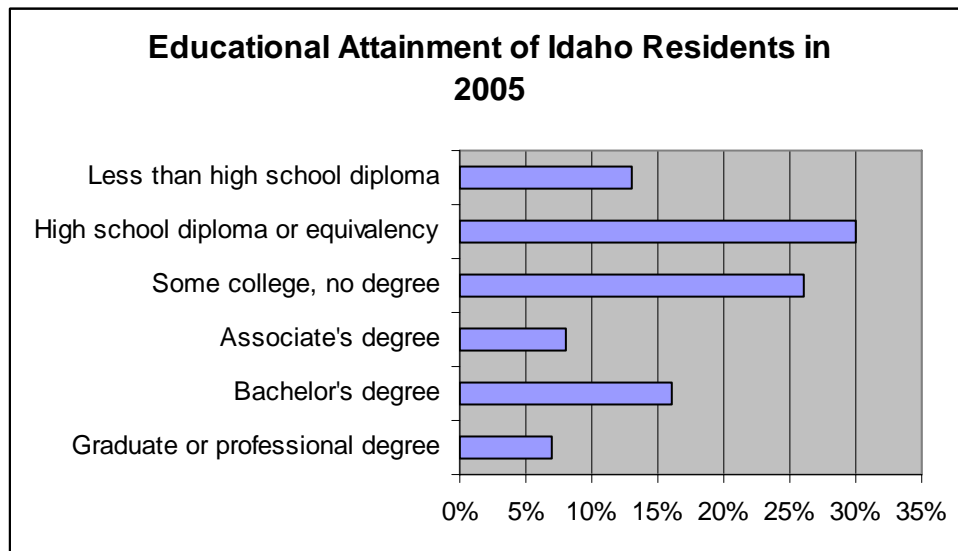
GEOGRAPHIC MOBILITY: In 2005, 80 percent of the people at least 1 year old living in Idaho were living in the same residence 1 year earlier; 11 percent had moved during the past year from another residence in the same county, 4 percent from another county in the same state, 5 percent from another state, and less than 0.5 percent from abroad.



Source: American Community Survey, 2005

EDUCATION: In 2005, 87 percent of people 25 years and over had at least graduated from high school and 23 percent had a bachelor's degree or higher. Among people 16 to 19 years old, 9 percent were dropouts; they were not enrolled in school and had not graduated from high school.

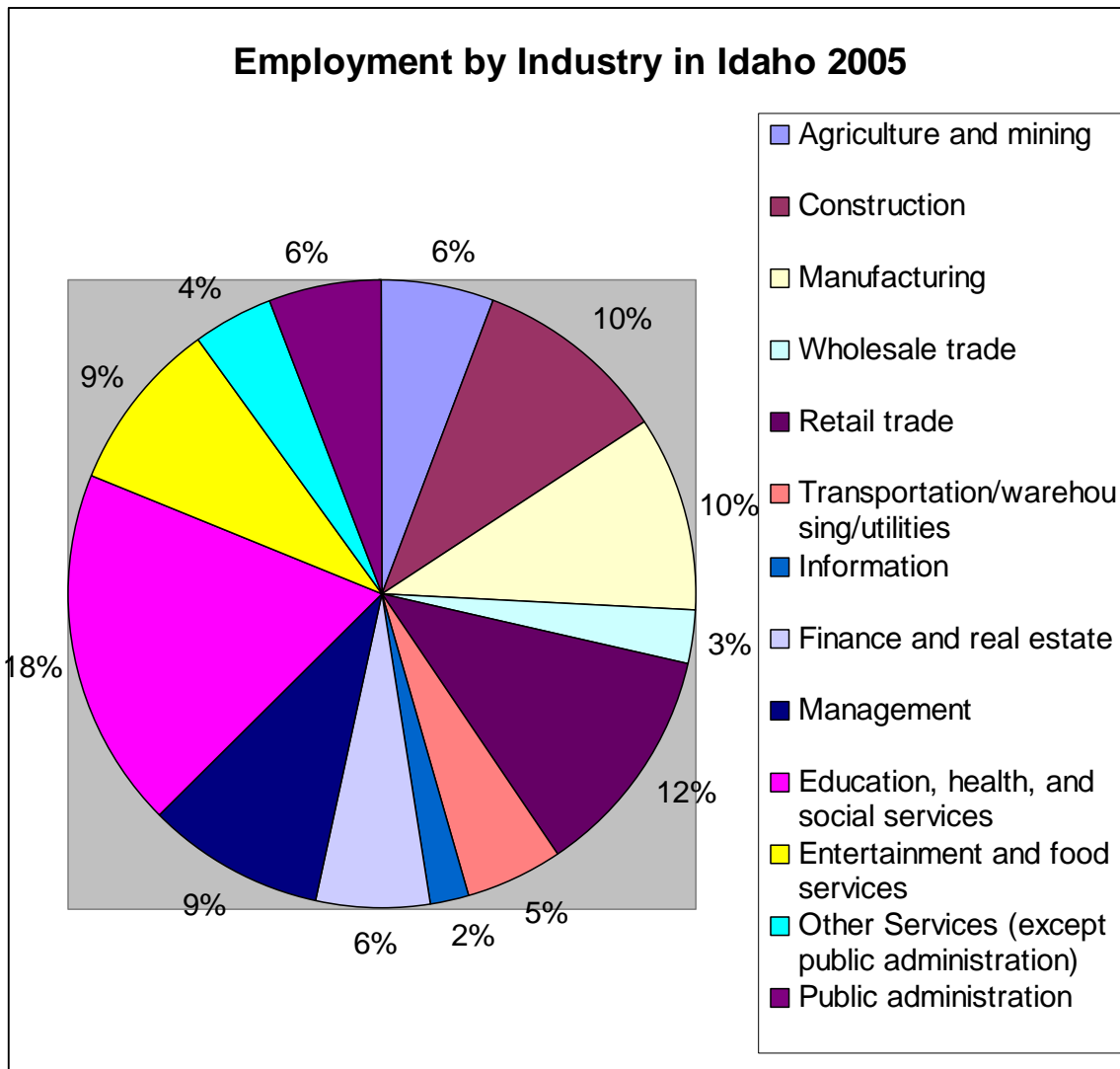
The total school enrollment in Idaho was 367,000 in 2005. Nursery school and kindergarten enrollment was 37,000 and elementary or high school enrollment was 245,000 children. College or graduate school enrollment was 85,000.



Source: American Community Survey, 2005

DISABILITY: In Idaho, among people at least five years old in 2005, 16 percent reported a disability. The likelihood of having a disability varied by age - from 7 percent of people 5 to 20 years old, to 14 percent of people 21 to 64 years old, and to 44 percent of those 65 and older.

INDUSTRIES: In 2005, for the employed population 16 years and older, the leading industries in Idaho were educational services, health care and social assistance, 18 percent; and retail trade, 12 percent.



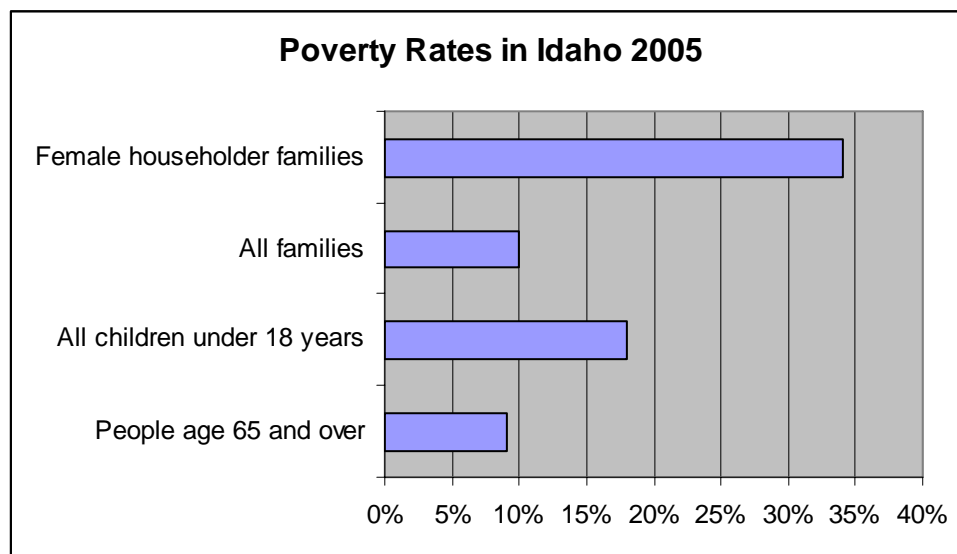
Source: American Community Survey, 2005

OCCUPATIONS AND TYPE OF EMPLOYER: Among the most common occupations were: Management, professional, and related occupations, 31 percent; sales and office occupations, 26 percent; service occupations, 16 percent; production, transportation, and material moving occupations, 13 percent; and construction, extraction, maintenance and repair occupations, 11 percent. Seventy-five percent of the people employed were private wage and salary workers; 16 percent were federal, state, or local government workers; and 9 percent were self-employed in own, not incorporated, businesses.

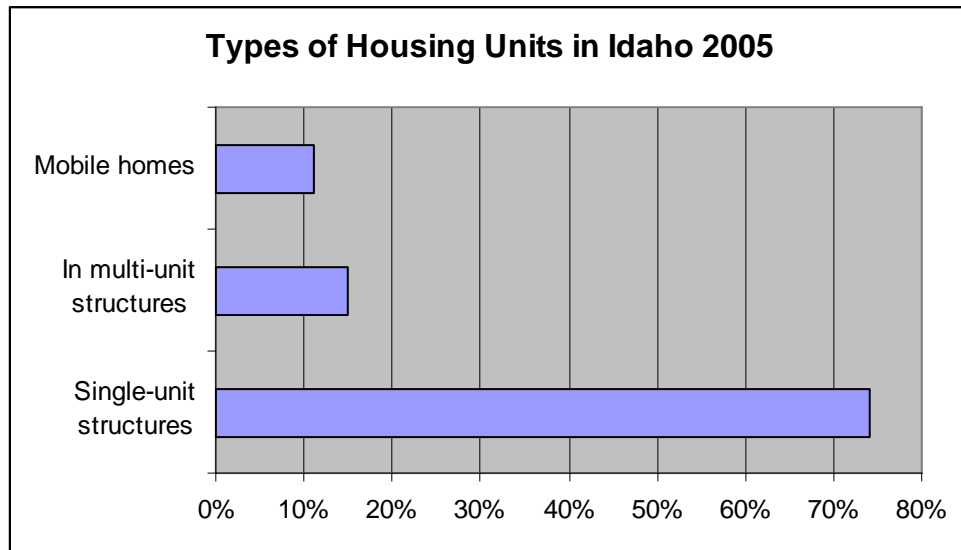
TRAVEL TO WORK: Seventy-six percent of Idaho workers drove to work alone in 2005, 12 percent carpoolled, 1 percent took public transportation, and 6 percent used other means. The remaining 5 percent worked at home. Among those who commuted to work, it took them on average 19.8 minutes to get to work.

INCOME: The median income of households in Idaho was \$41,443. Eighty-one percent of the households received earnings and 17 percent received retirement income other than Social Security. Twenty-six percent of the households received Social Security. The average income from Social Security was \$13,268. These income sources are not mutually exclusive; that is, some households received income from more than one source.

POVERTY AND PARTICIPATION IN GOVERNMENT PROGRAMS: In 2005, 14 percent of people were in poverty. Eighteen percent of related children under 18 were below the poverty level, compared with 9 percent of people 65 years old and over. Ten percent of all families, and 34 percent of families with a female householder and no husband present, had incomes below the poverty level.



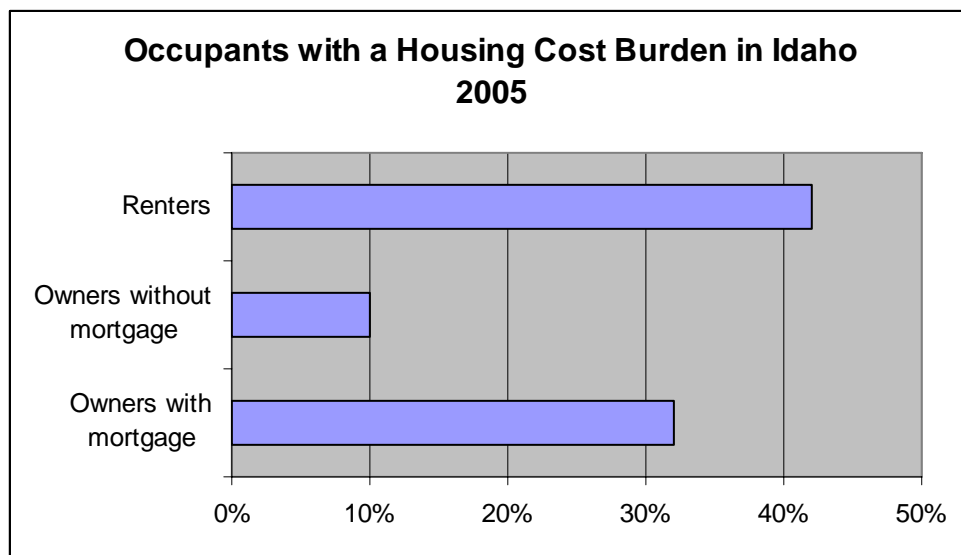
HOUSING CHARACTERISTICS: In 2005, Idaho had a total of 596,000 housing units, 11 percent of which were vacant. Of the total housing units, 74 percent were in single-unit structures, 15 percent were in multi-unit structures, and 11 percent were mobile homes. Thirty-three percent of the housing units were built since 1990.



Source: American Community Survey, 2005

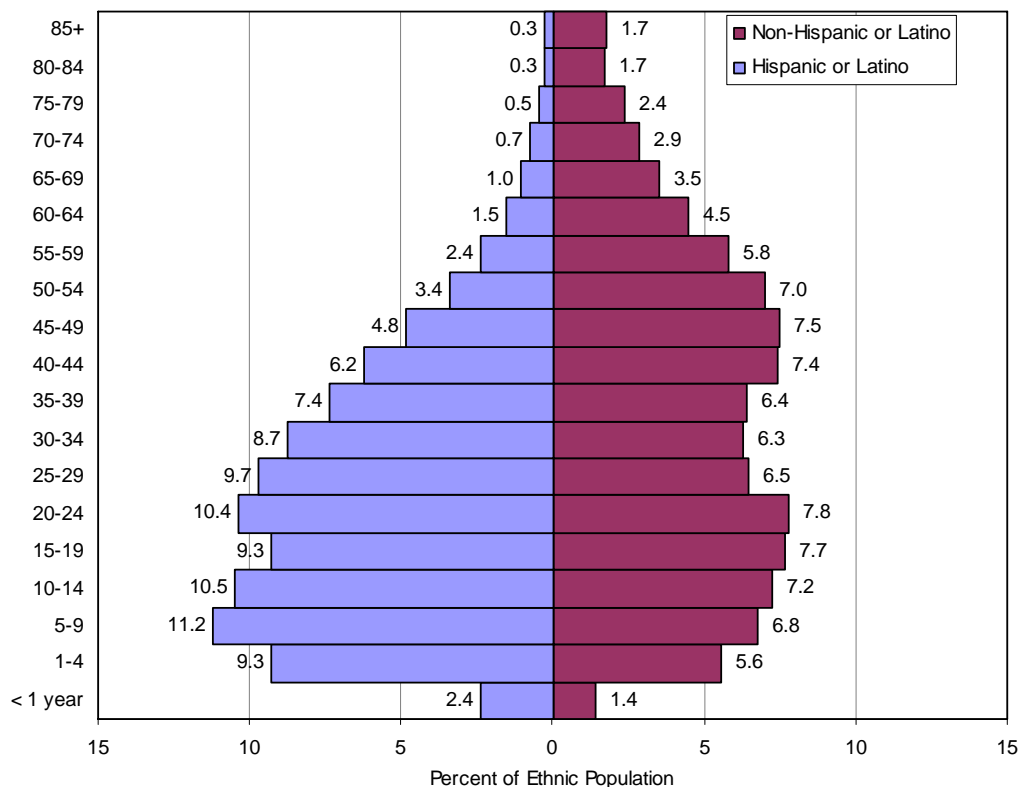
OCCUPIED HOUSING UNIT CHARACTERISTICS: In 2005, Idaho had 532,000 occupied housing units - 380,000 (71 percent) owner occupied and 152,000 (29 percent) renter occupied. Four percent of the households did not have telephone service and 4 percent of the households did not have access to a car, truck, or van for private use. Multi-vehicle households were not rare. Forty-one percent had 2 vehicles and another 28 percent had 3 or more.

HOUSING COSTS: The median monthly housing costs for mortgaged owners was \$996, non-mortgaged owners \$285, and renters \$594. Thirty-two percent of owners with mortgages, 10 percent of owners without mortgages, and 42 percent of renters in Idaho spent 30 percent or more of household income on housing.



Source: American Community Survey, 2005

Idaho Population Pyramid Hispanic and Non-Hispanic 2004



Interpretation: 11.2 percent of the Hispanic or Latino population falls within the 5-9 age group.

Source: National Center for Health Statistics. Estimate of July 1, 2004 resident population from the Vintage 2004 postcensal series by state, county, year, age, sex, race, and Hispanic origin, prepared under a collaborative arrangement with the U.S. Census Bureau; Internet release September 9, 2005.

Compiled by: Bureau of Health Policy and Vital Statistics, Idaho Department of Health and Welfare (3/2007).

The growth of the Hispanic population in Idaho has consistently outpaced the growth of the Non-Hispanics over the past decade. This pattern is expected to continue. The proportion of that population that is under 19 years of age has natural implications for services that are specific to maternal and childhood needs, including health care and education.

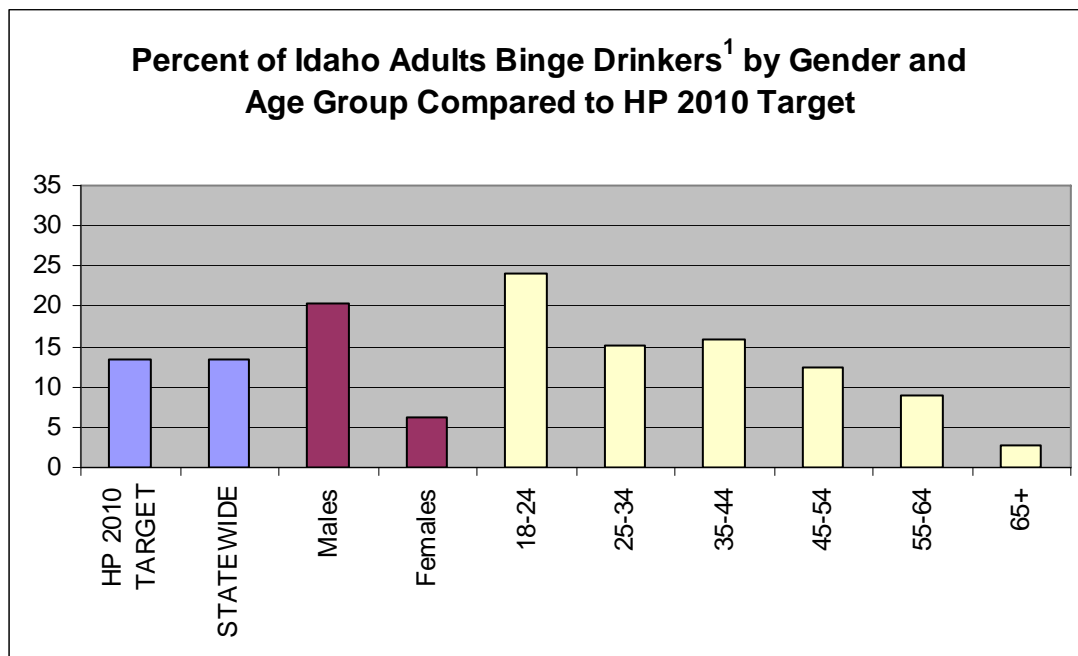
The age groups are defined as Youth: Age 0-19, Young Adult: Age 20-44, Middle-Aged: Age 45-64, and Senior: Age 65 and older. While there is some variability between districts in age group distribution, there is a consistent pattern across all districts that show that there is a higher distribution of youth and young adult Hispanics compared to non-Hispanics across the board.

SECTION II:

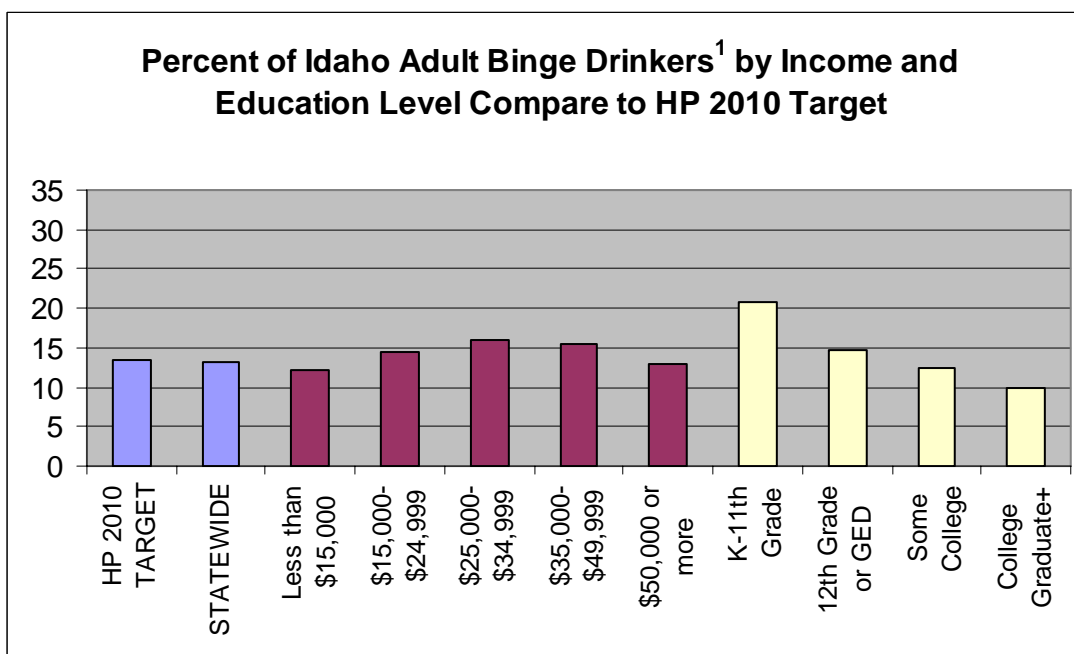
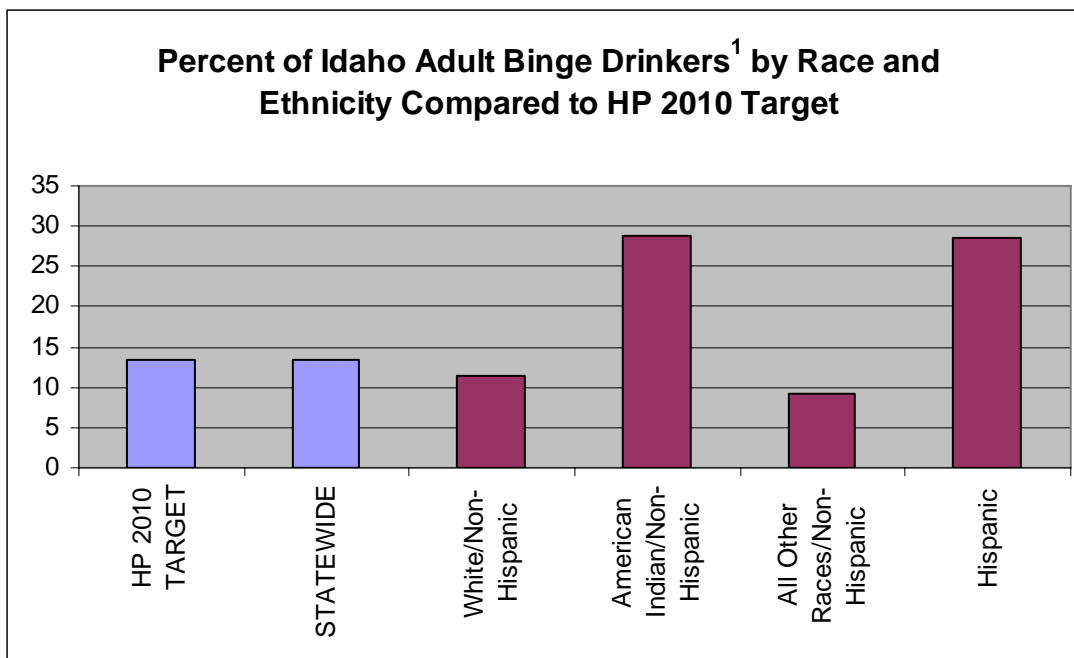
Charts from 2005 Behavior Risk Factor Surveillance System (BRFSS) Data

Charts from 2005 BRFSS

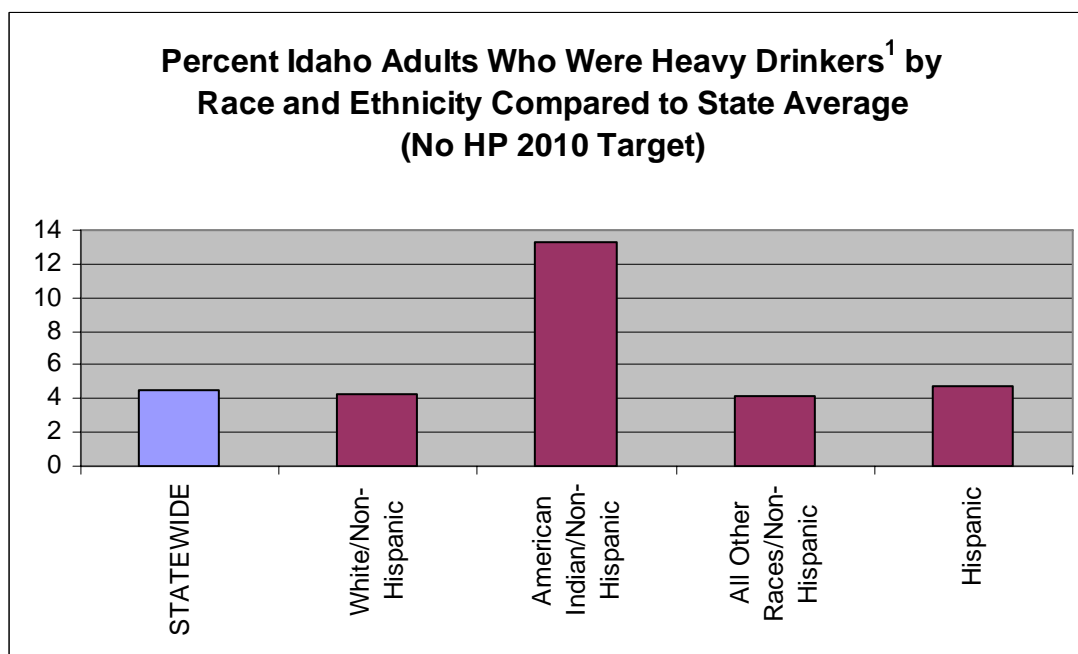
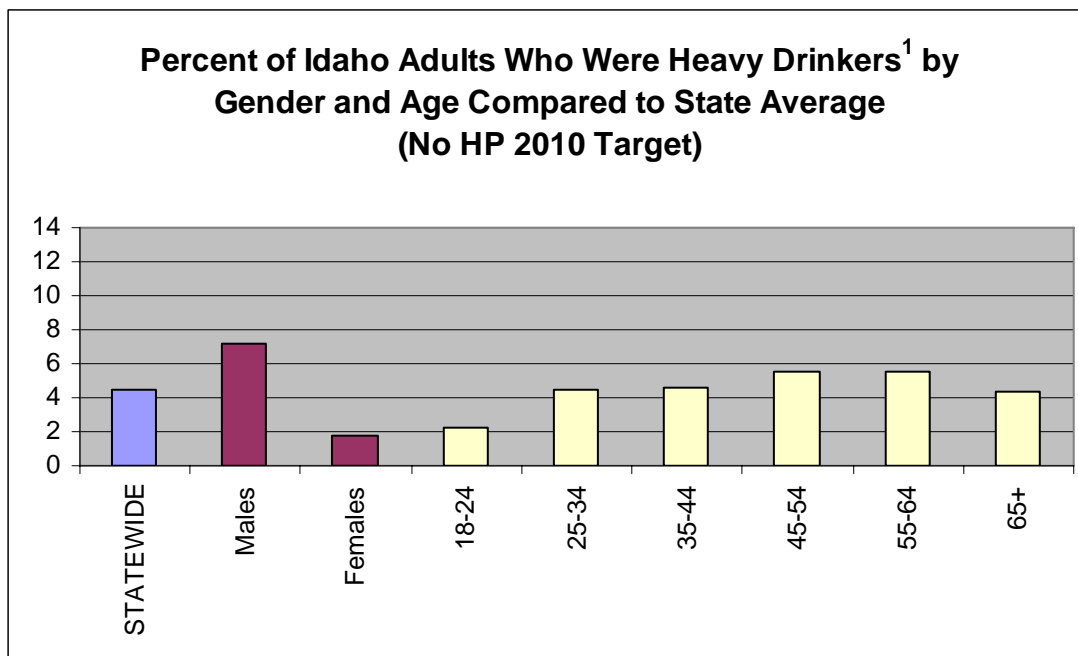
The following charts contain data from the 2005 Behavioral Risk Factor Surveillance System (BRFSS). The title of each table presents the population (the phrase "Idaho Adults" refers to Idaho's population aged 18 and older) and specific objective addressed. Each objective has been analyzed by selected demographics including sex, age, race/ethnicity, income, education, and geographic location. When applicable, the Healthy People 2010 (HP 2010) target is included. HP2010 targets were obtained from the Healthy People 2010 database at <http://wonder.cdc.gov/data2010/>. For details of each chart, please see the appendices.



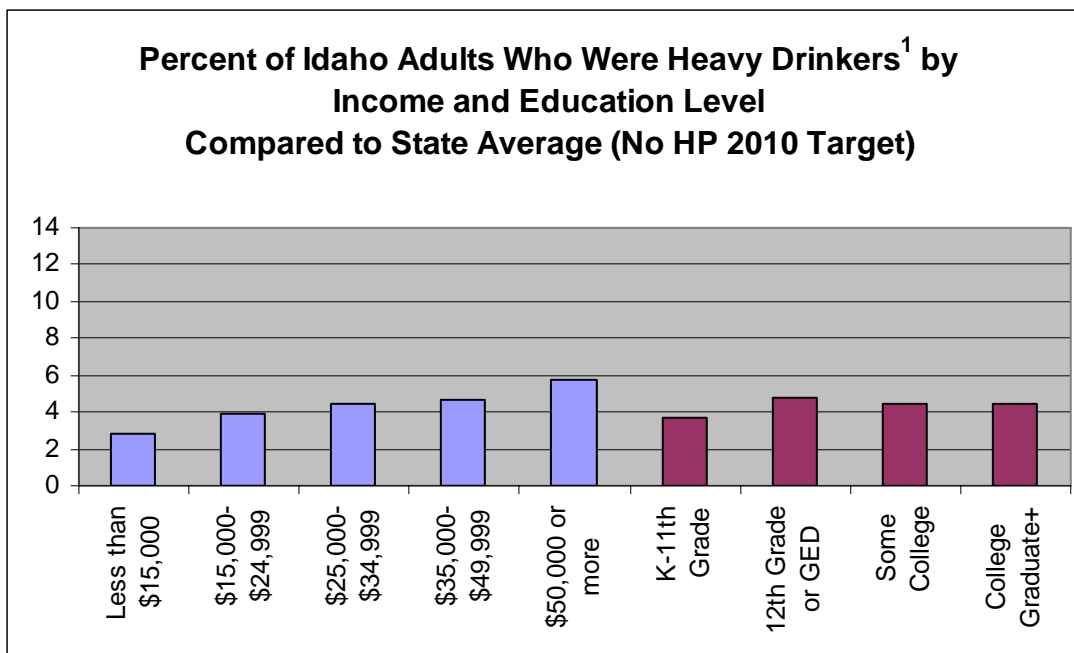
¹ Binge drinking was defined as the consumption of five or more alcoholic beverages on one or more occasions in the past 30 days.



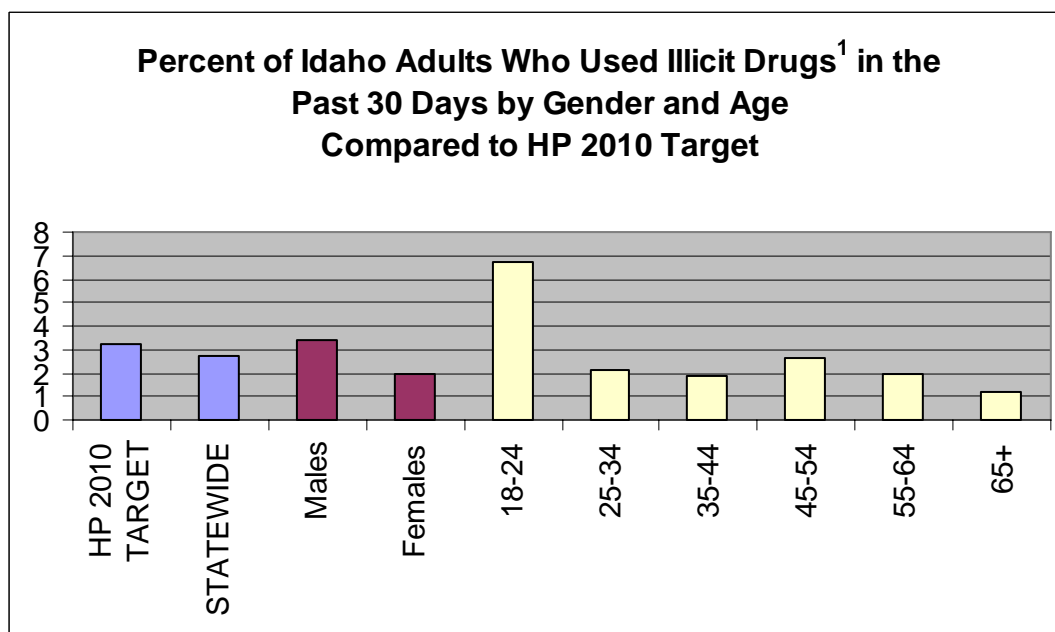
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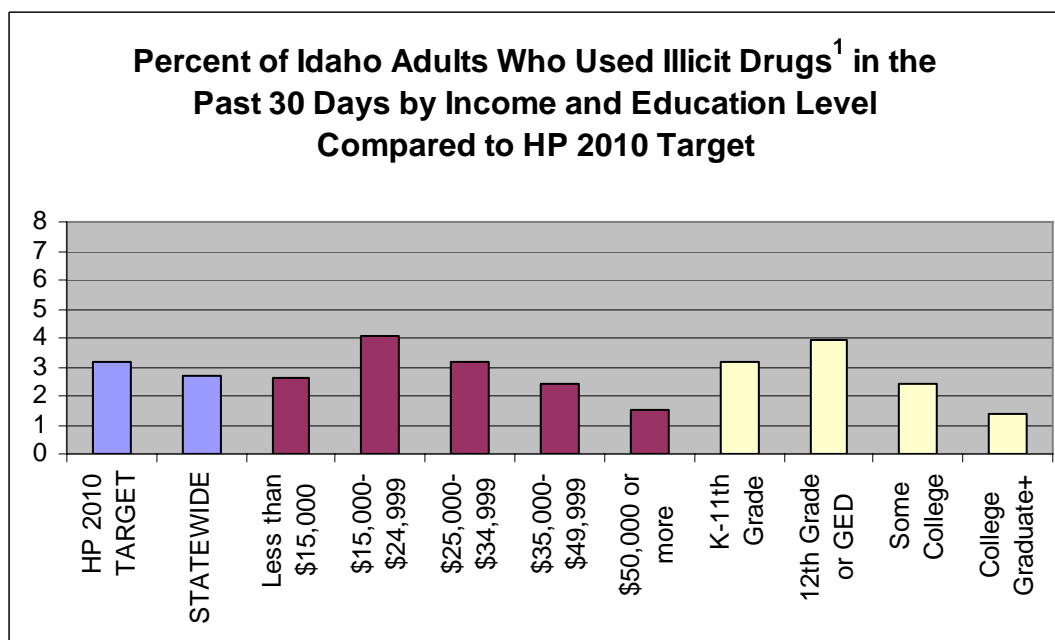
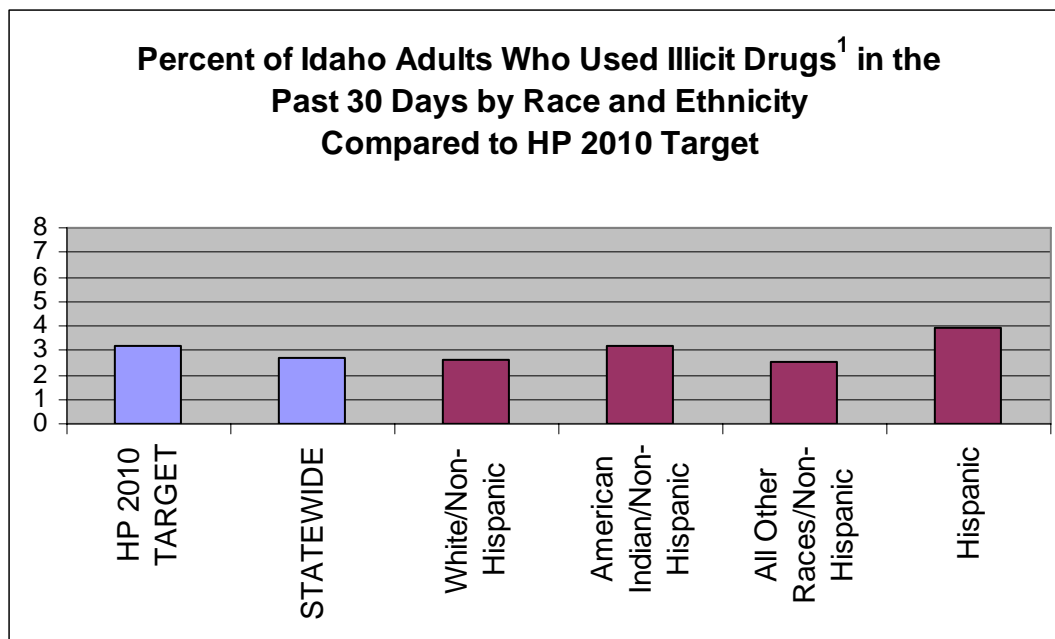
¹ Heavy drinking was defined as the consumption of 60 or more alcoholic beverages in the past 30 days.



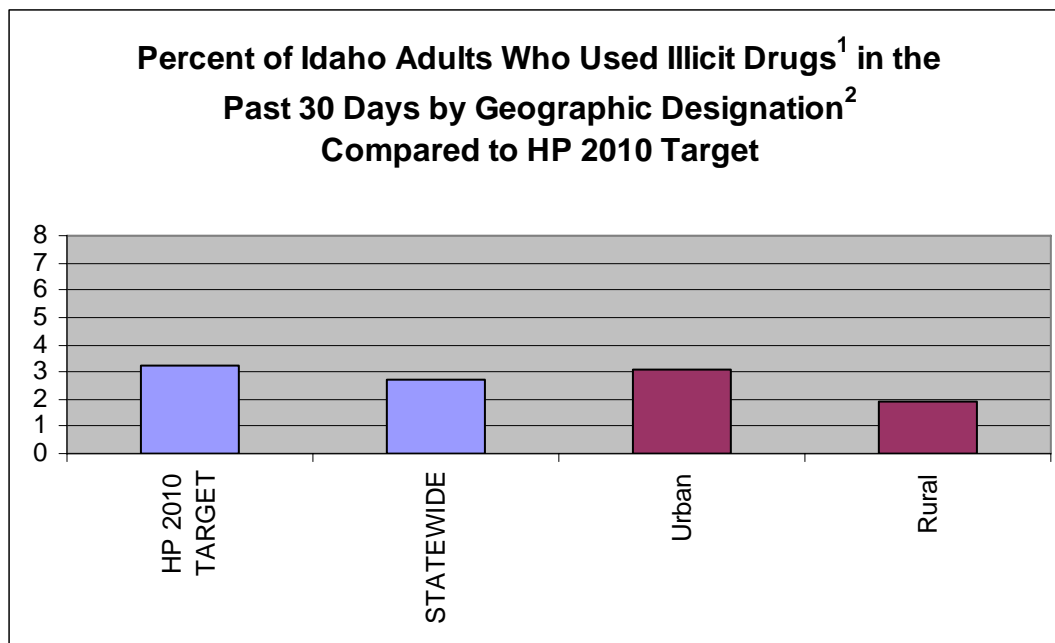
¹ Heavy drinking was defined as the consumption of 60 or more alcoholic beverages in the past 30 days.



¹ Illicit drug use was defined as the use of any drug not prescribed by a doctor or used to get high or for curiosity.

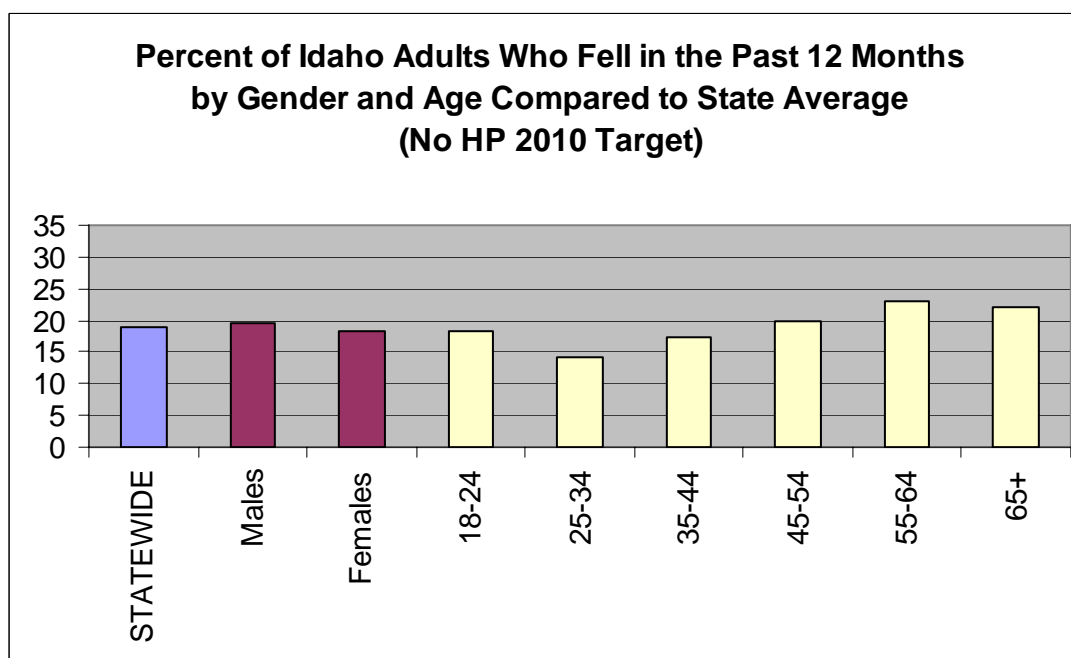


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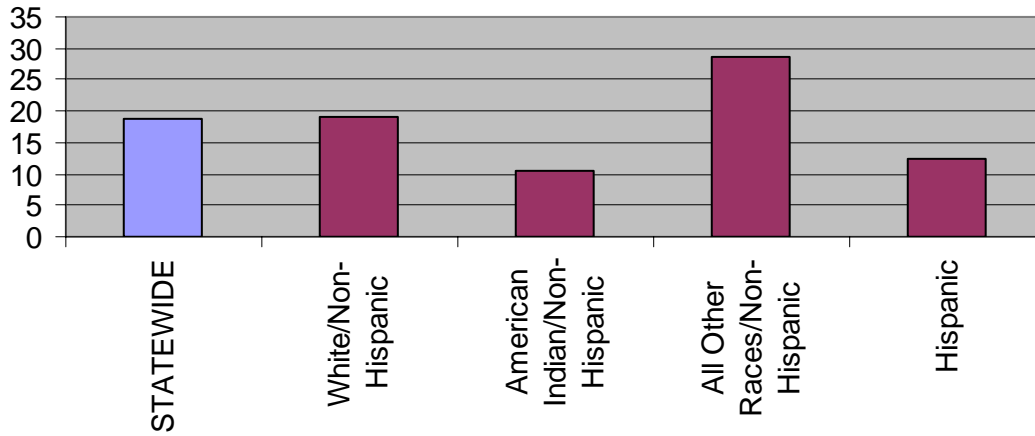


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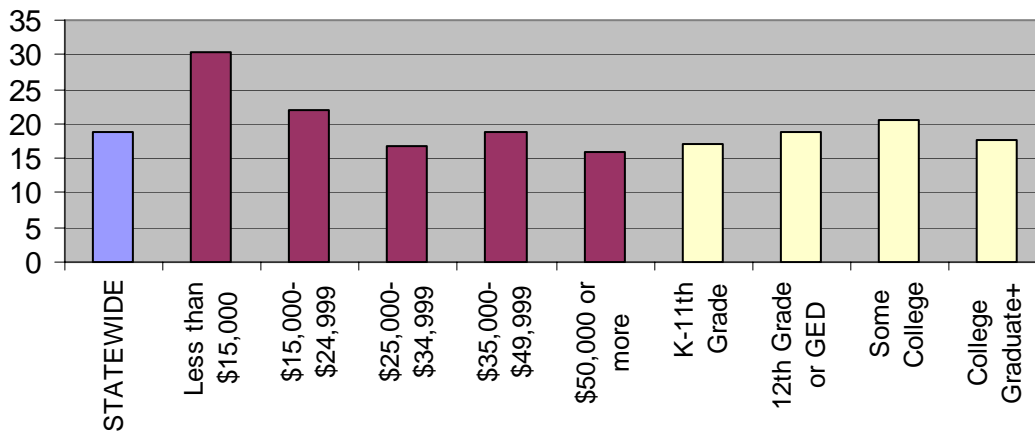
² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

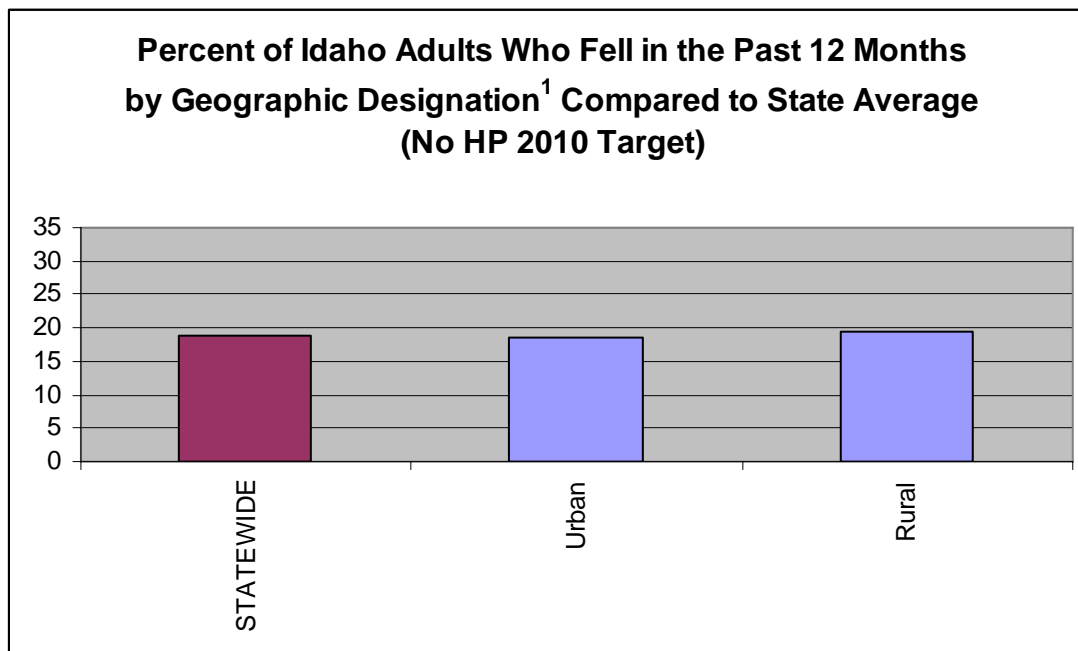


**Percent of Idaho Adults Who Fell in the Past 12 Months
by Race and Ethnicity Compared to State Average
(No HP 2010 Target)**



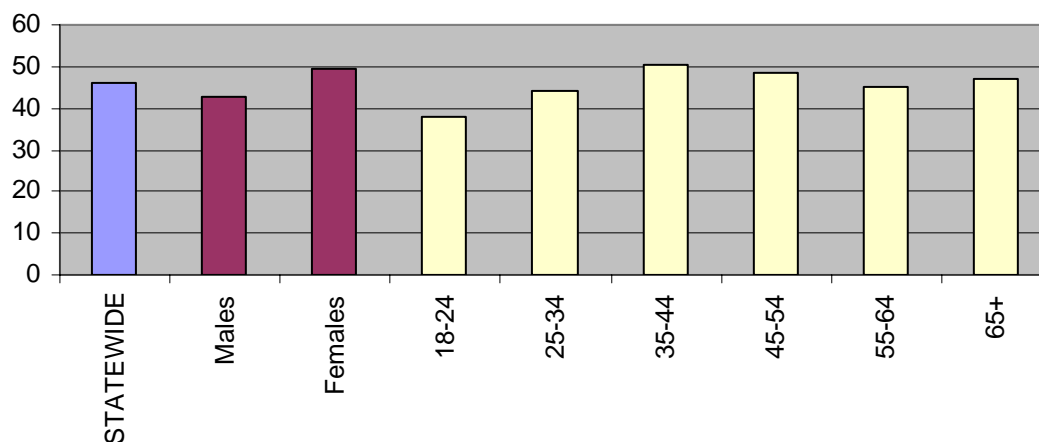
**Percent of Idaho Adults Who Fell in the Past 12 Months
by Income and Education Level Compared to State
Average (No HP 2010 Target)**



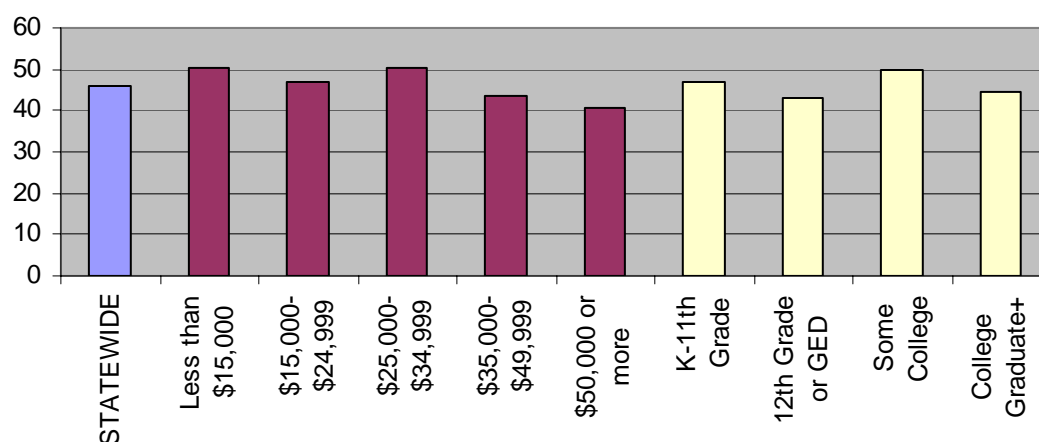


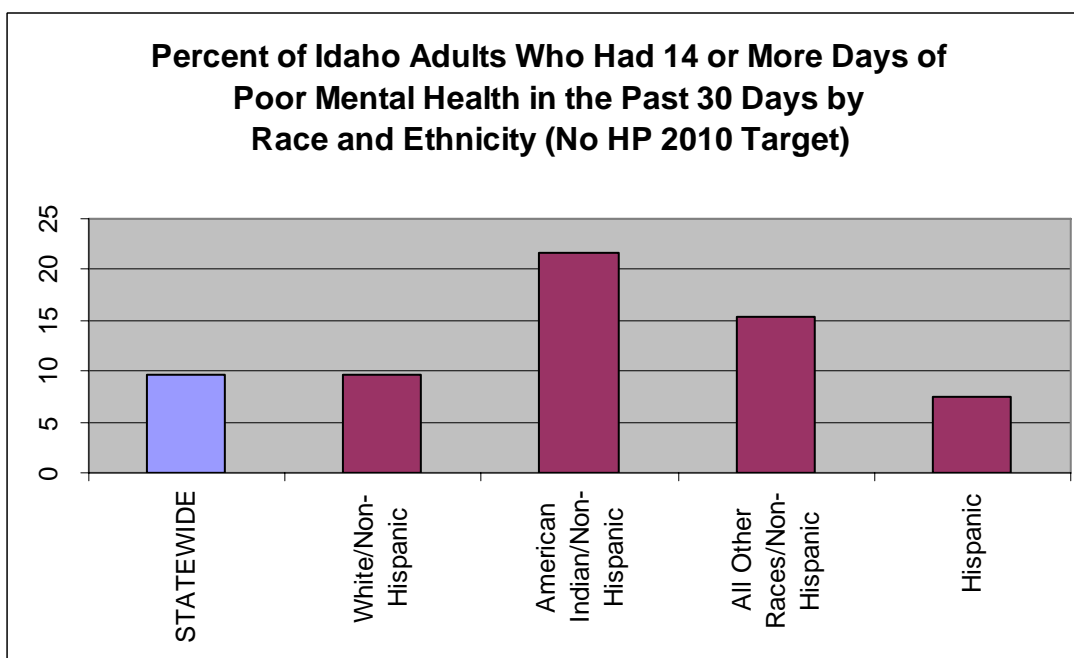
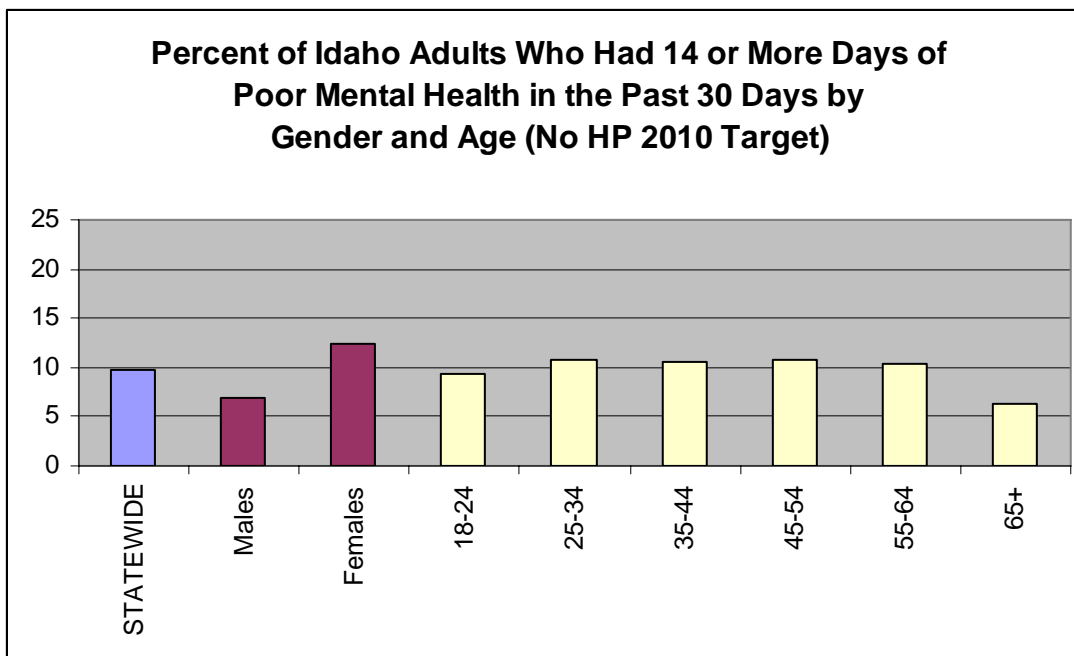
¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

Percent of Idaho Adults Who Were Injured by a Fall in the Past 12 Months by Gender and Age Compared to State Average (No HP 2010 Target)

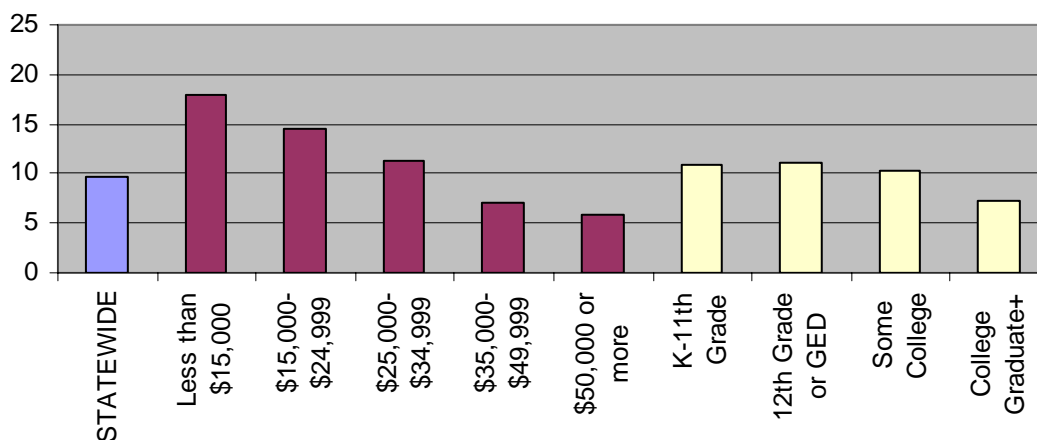


Percent of Idaho Adults Who Were Injured by a Fall in the Past 12 Months by Income and Education Level Compared to State Average (No HP 2010 Target)

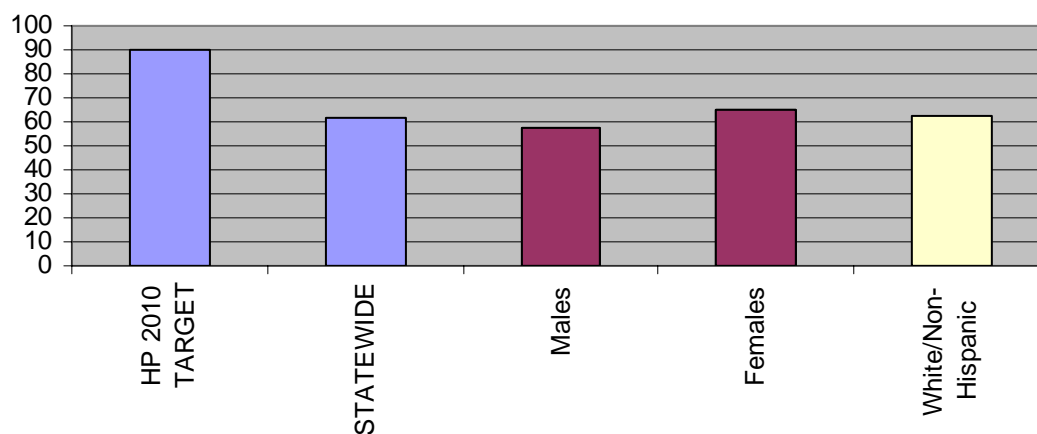


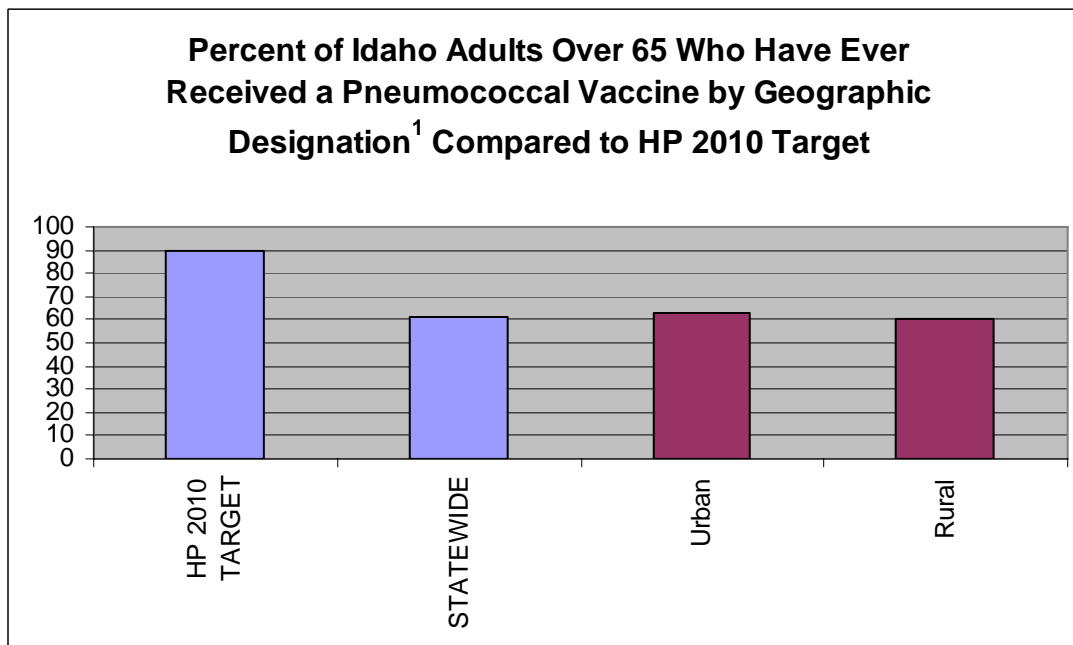
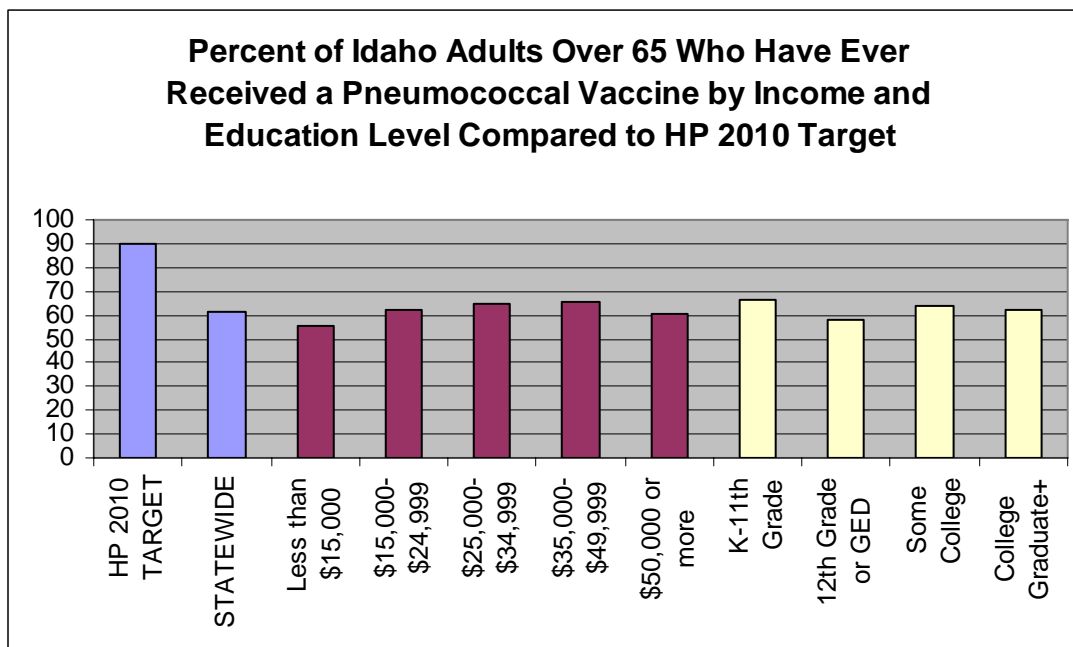


Percent of Idaho Adults Who Had 14 or More Poor Mental Health Days in the Past 30 Days by Income and Education Level (No HP 2010 Target)



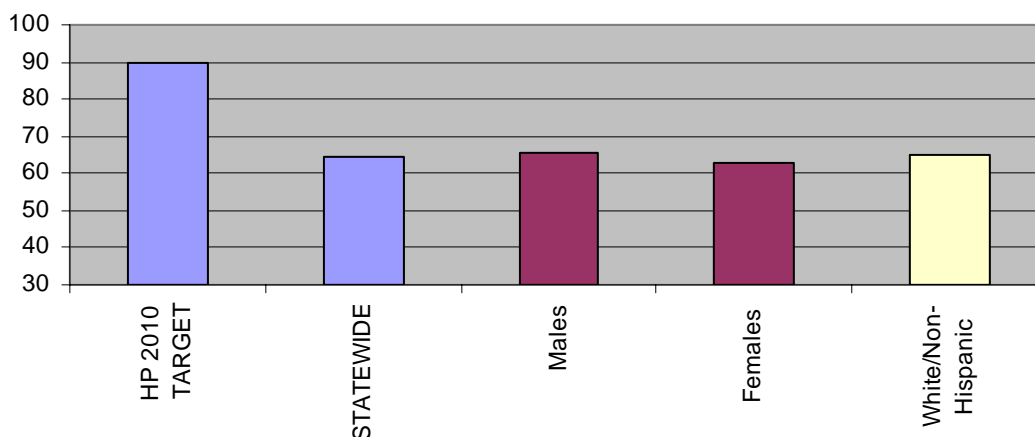
Percent of Idaho Adults Over 65 Who Ever Received a Pneumococcal Vaccine by Gender and Race (White/Non-Hispanic Only) Compared to HP 2010 Target



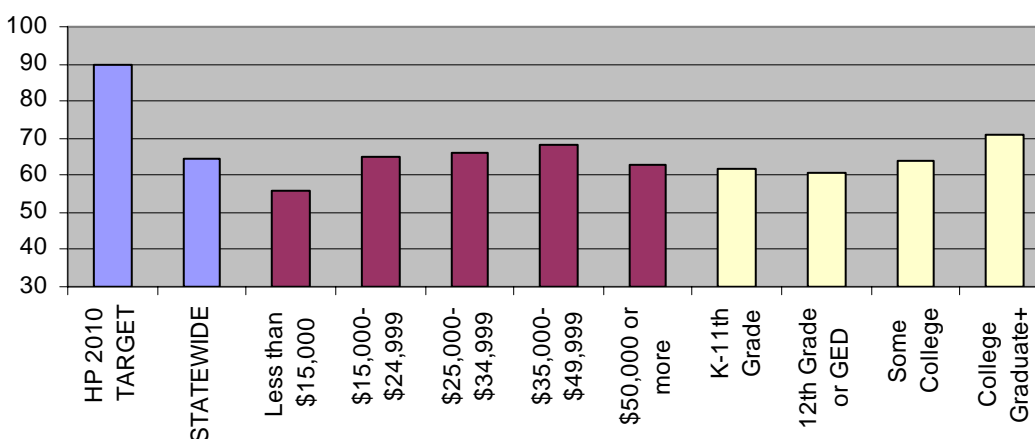


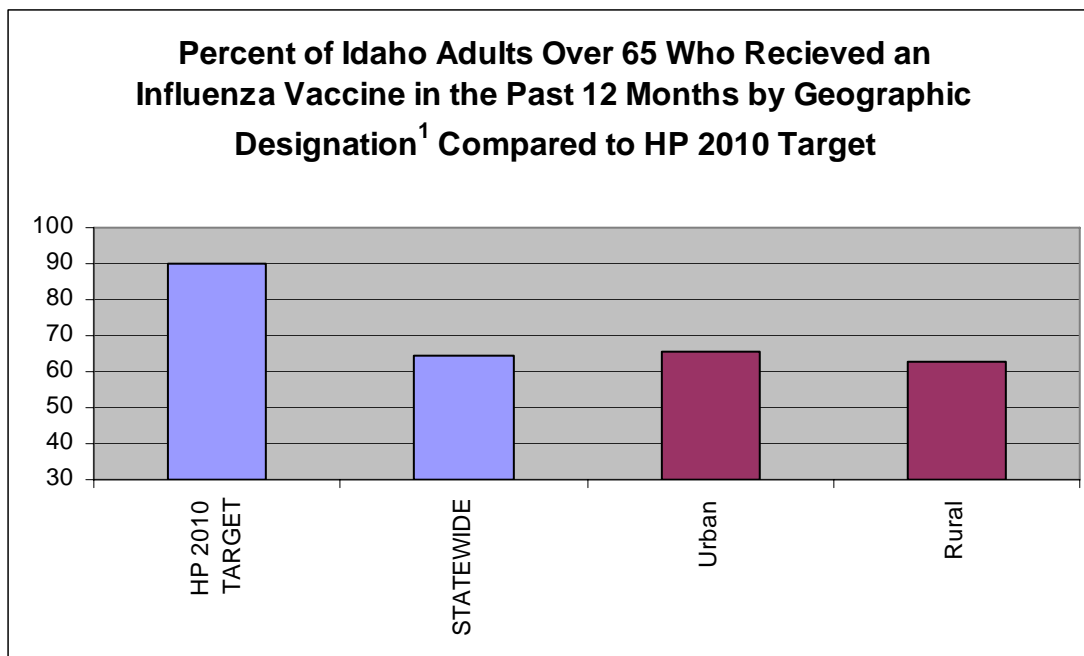
¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

Percent of Idaho Adults Over 65 Who Received an Influenza Vaccine in the Past 12 Months by Gender and Race (White/Non-Hispanic) Compared to HP 2010 Target

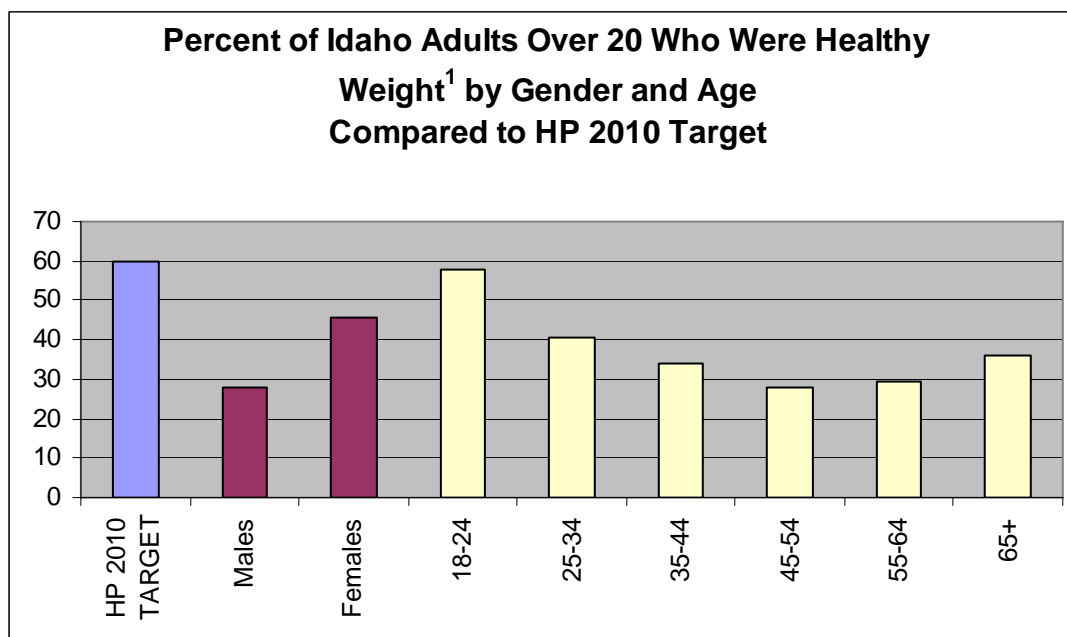


Percent of Idaho Adults Over 65 Who Received an Influenza Vaccine in the Past 12 Months by Income and Education Level Compared to HP 2010 Target

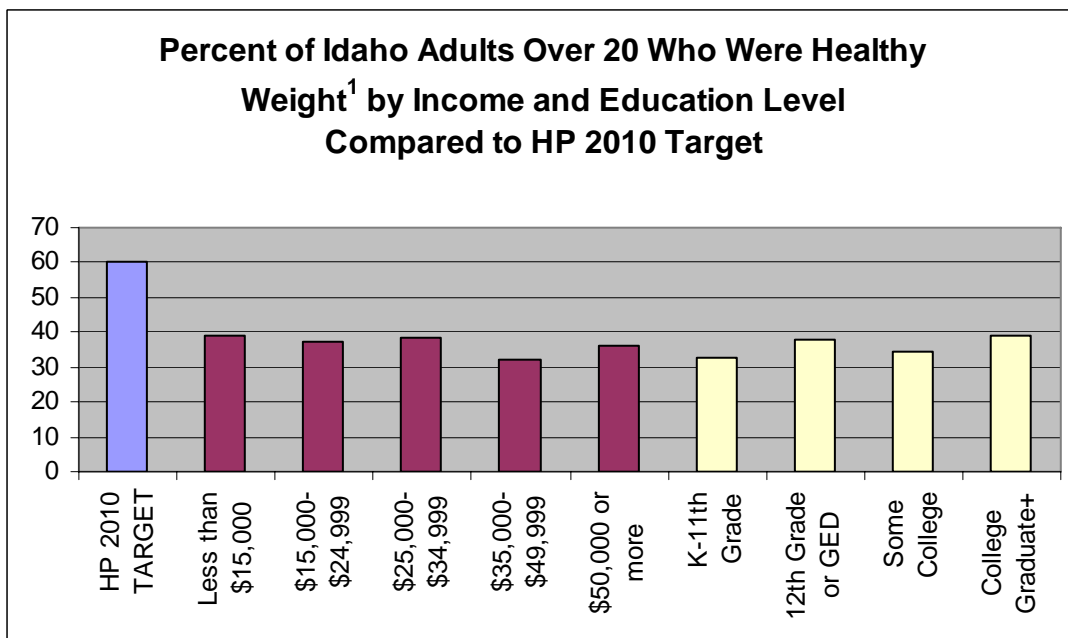
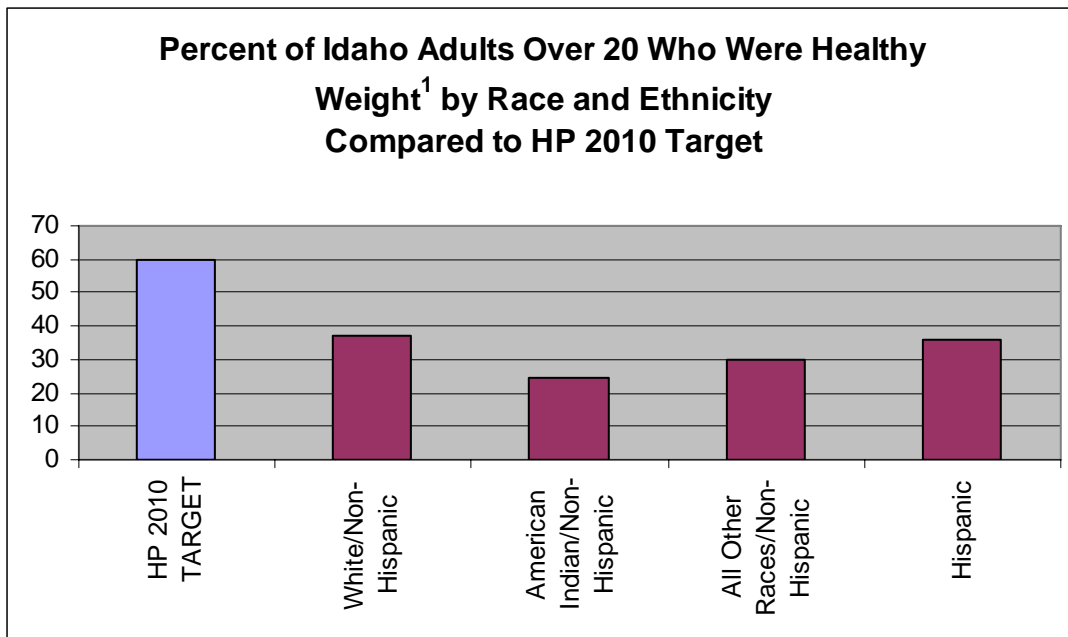




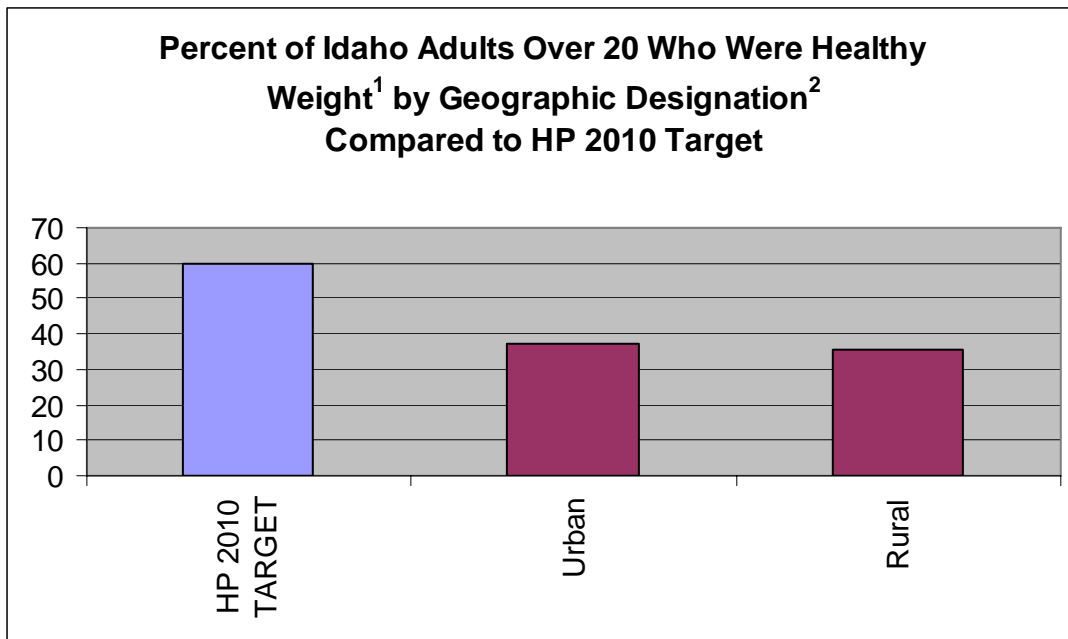
¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



¹ Healthy weight was defined as a Body Mass Index (BMI) greater than or equal to 18.5 and less than 25.0.

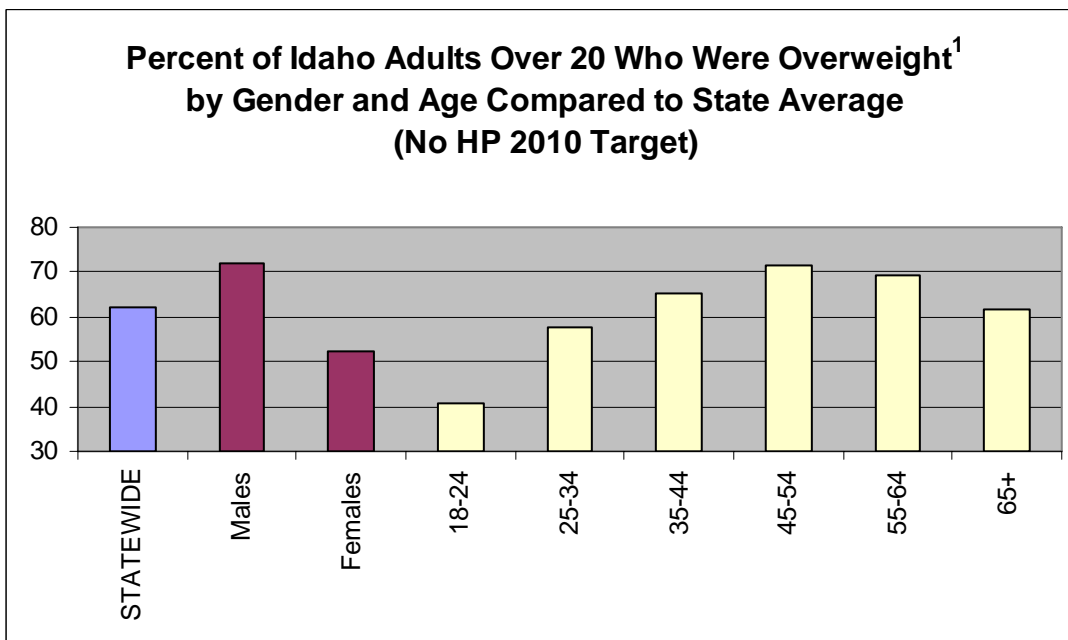


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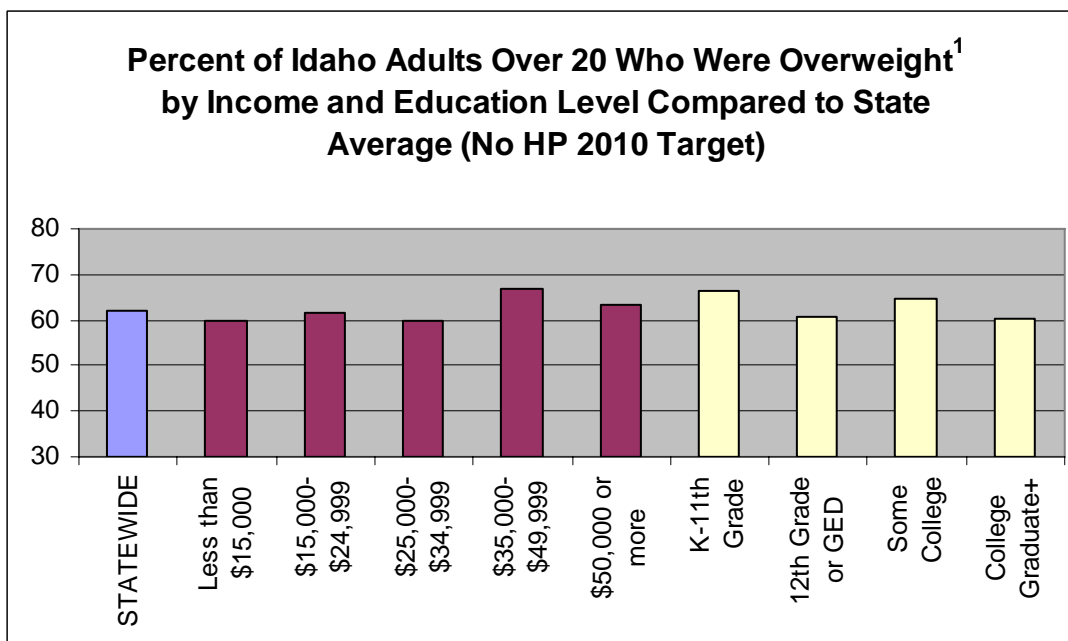
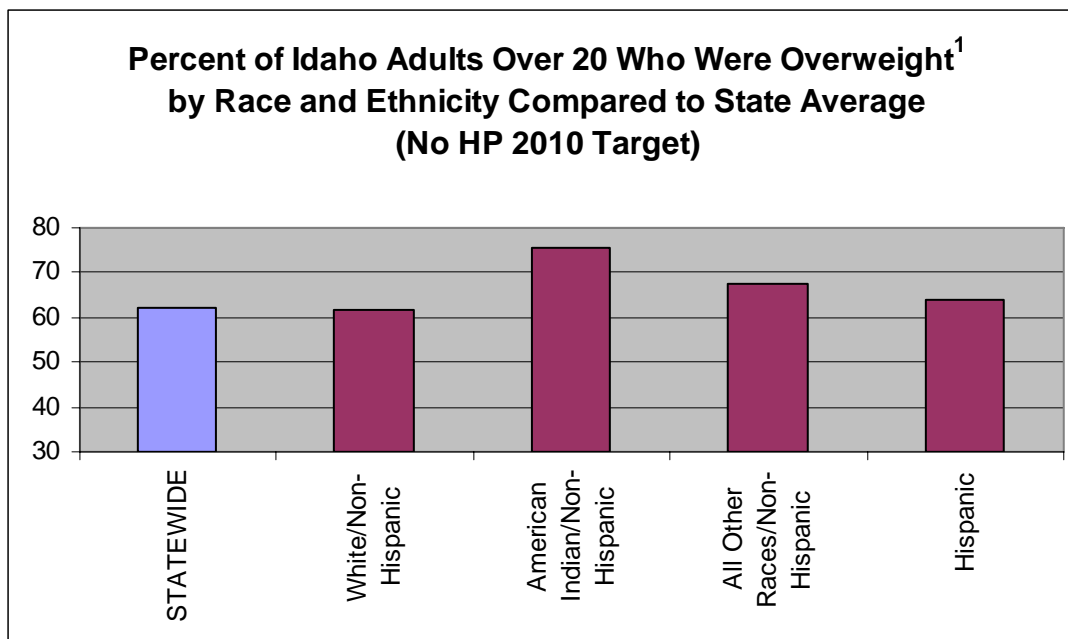


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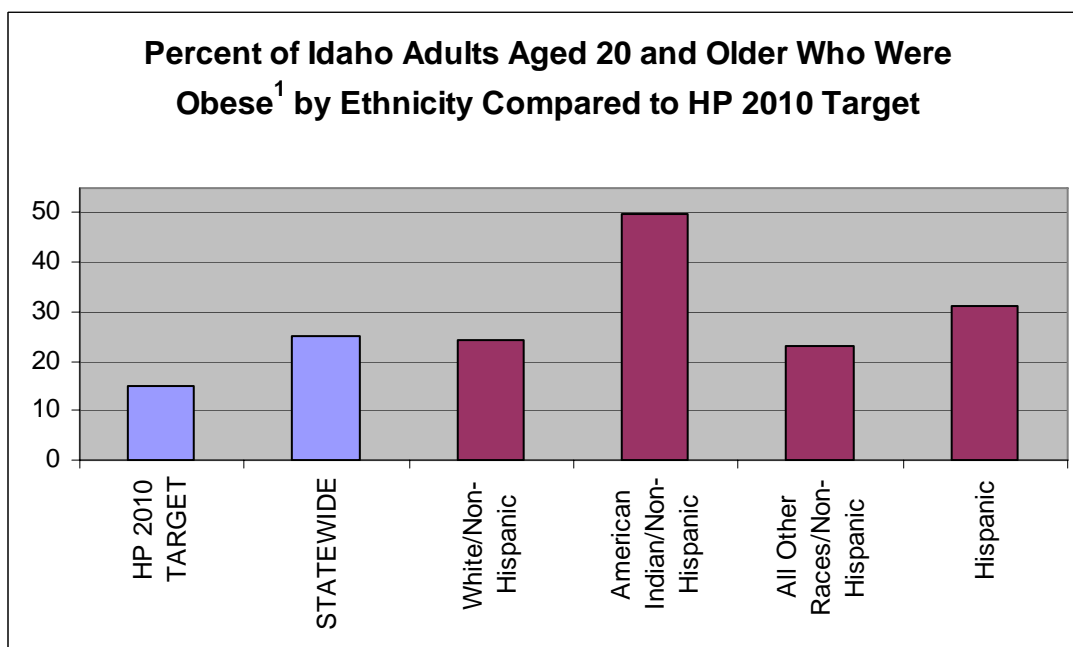
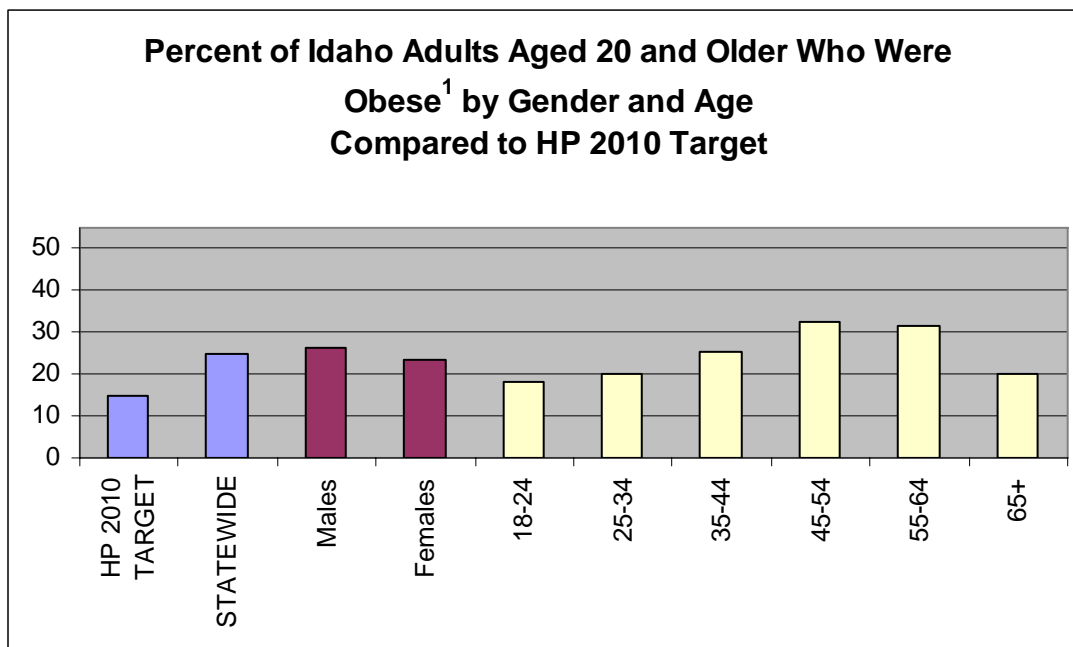
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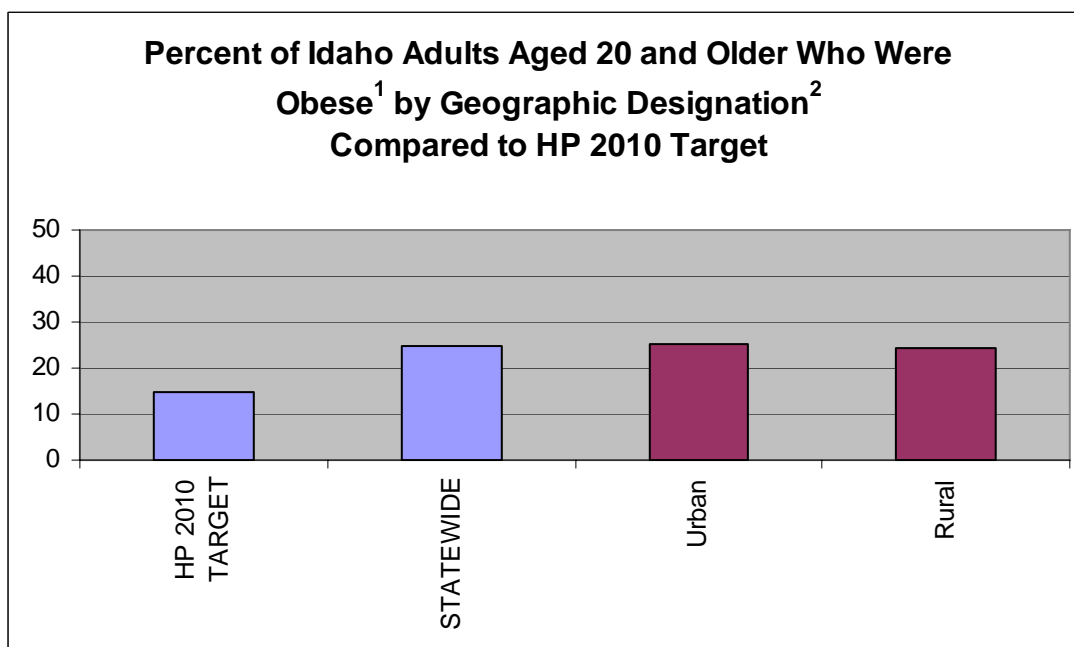
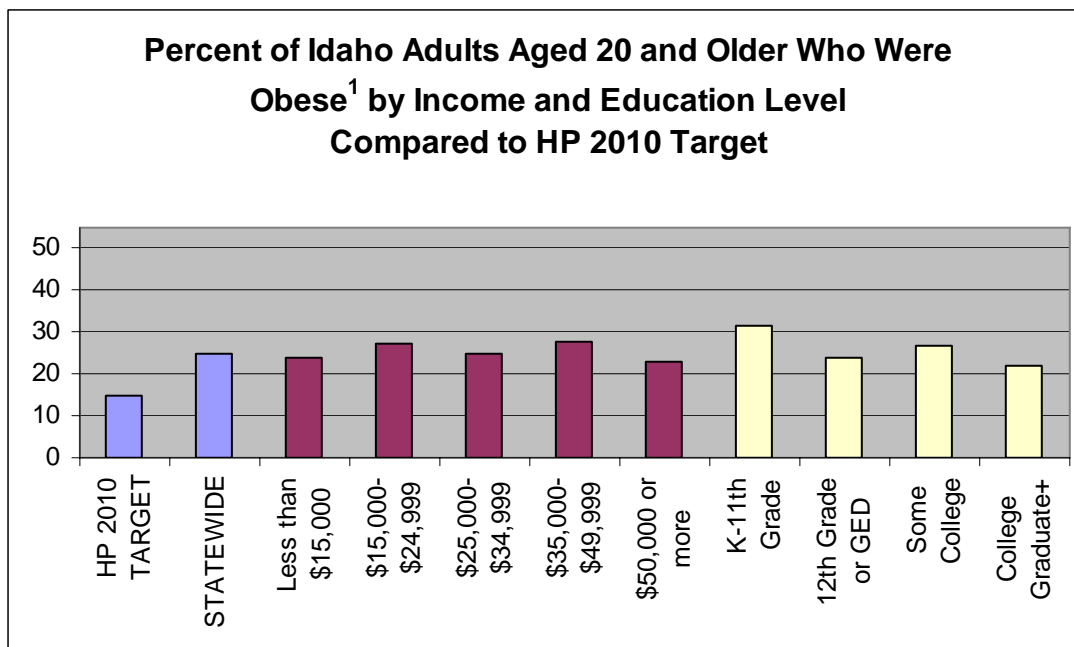
¹ Overweight was defined as a Body Mass Index (BMI) greater than or equal to 25.0 (includes obese).



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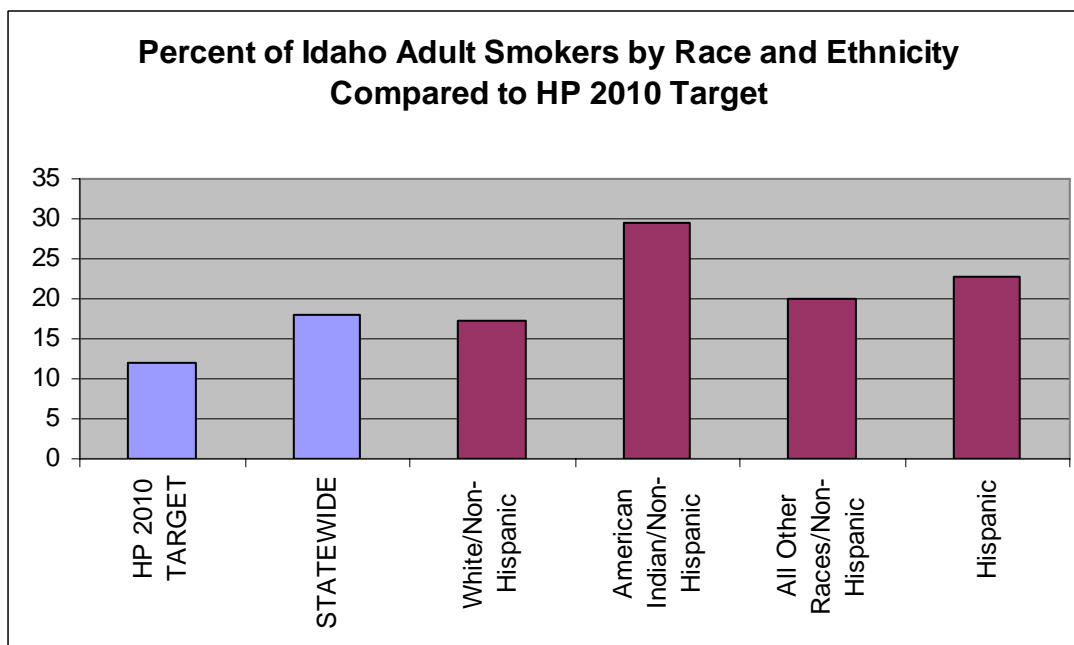
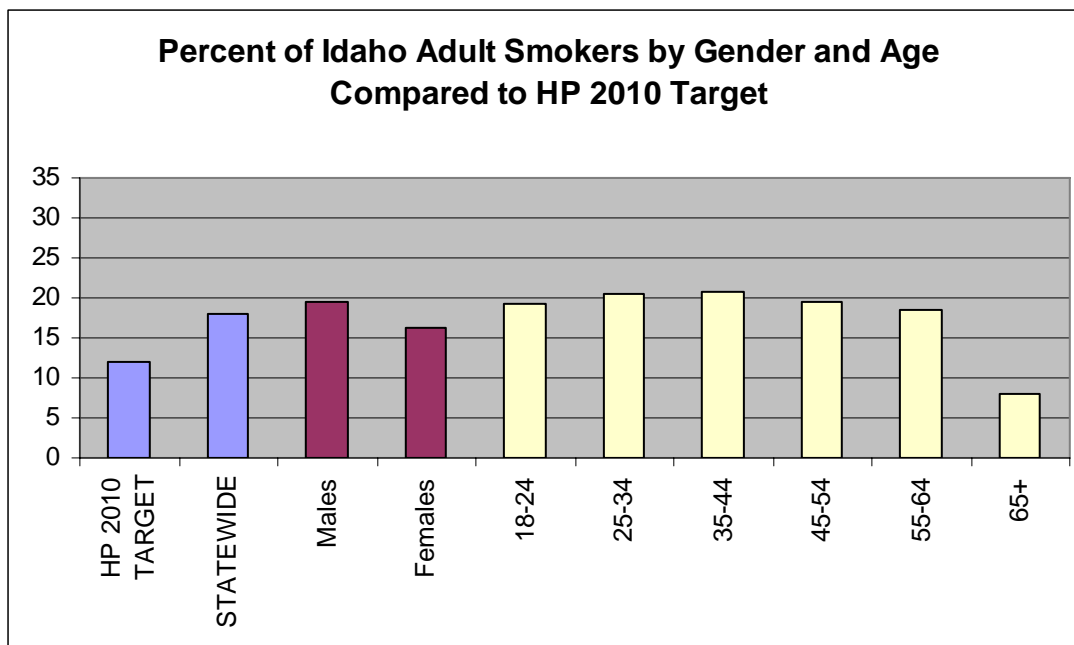


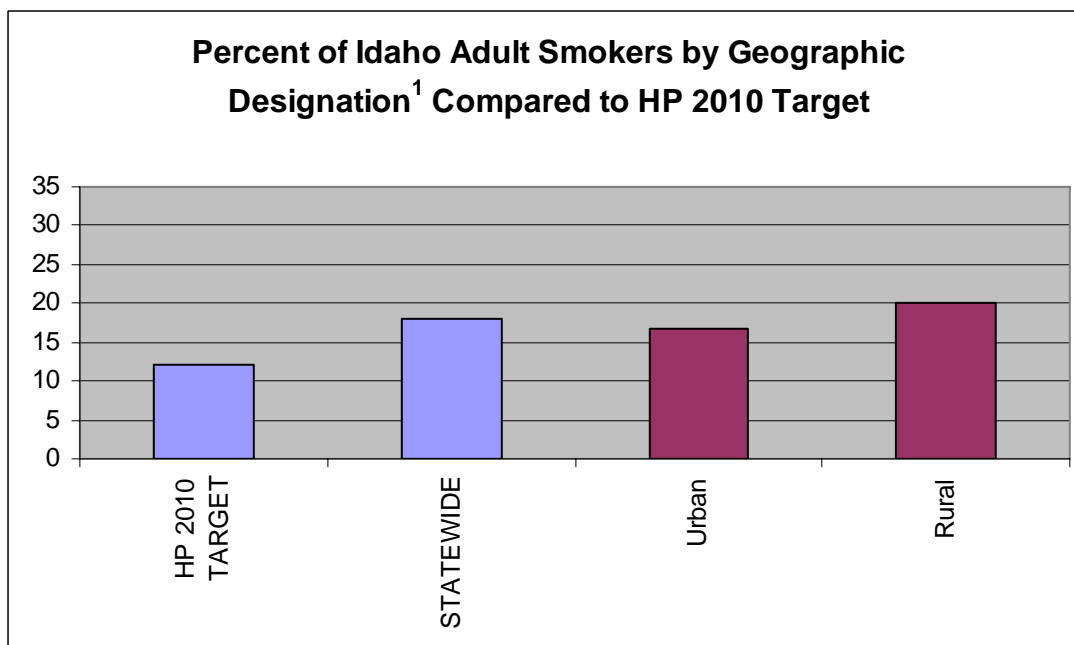
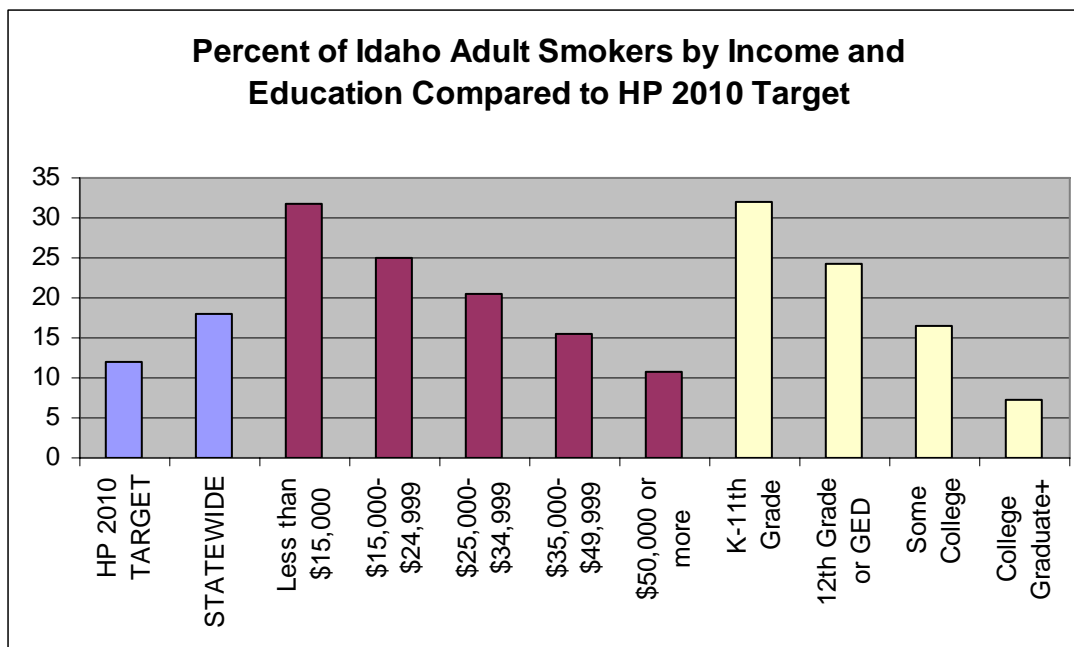
¹ Obese was defined as a Body Mass Index (BMI) greater than or equal to 30.0.



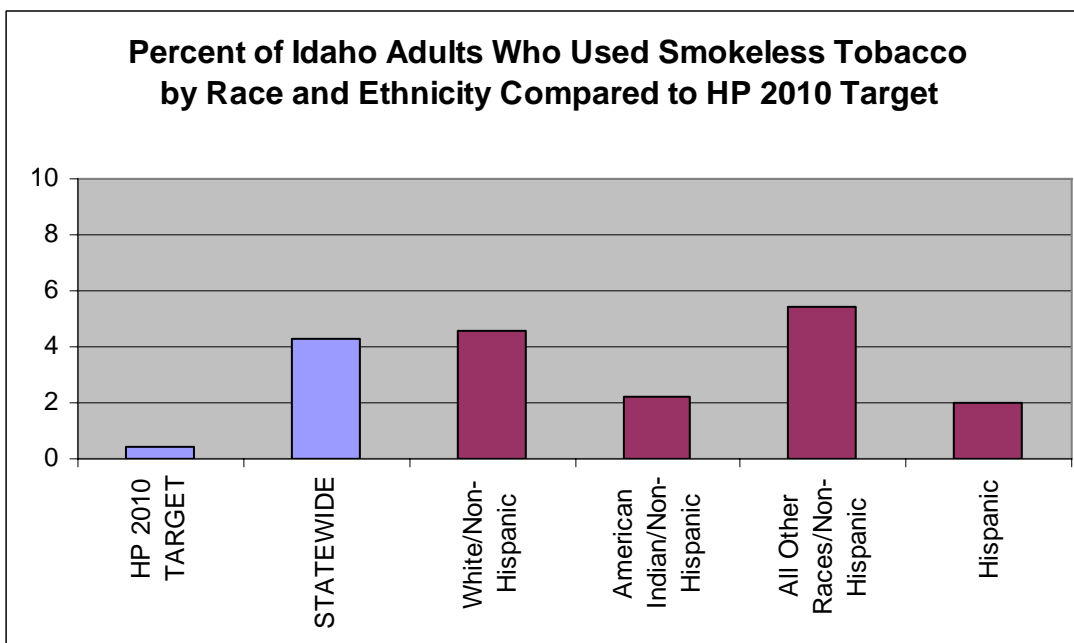
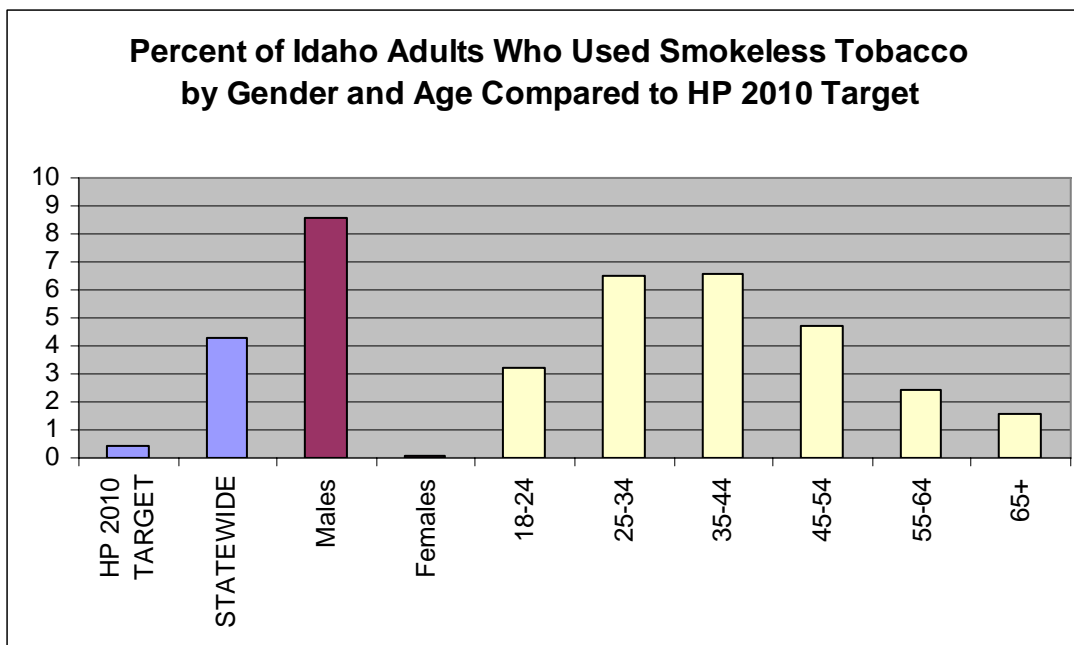
¹ Obese was defined as a Body Mass Index (BMI) greater than or equal to 30.0.

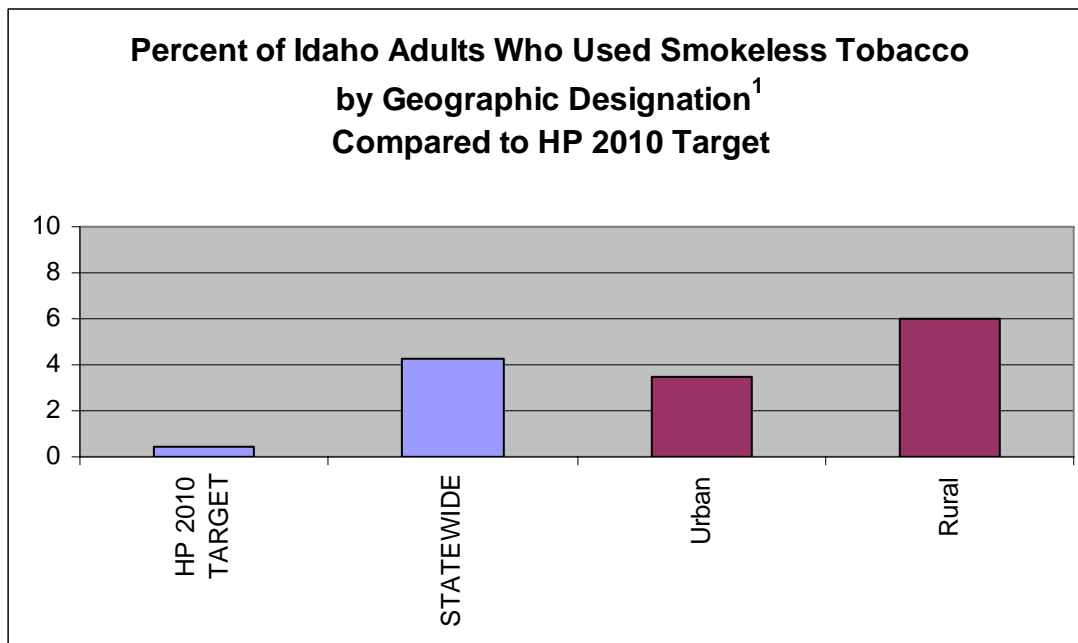
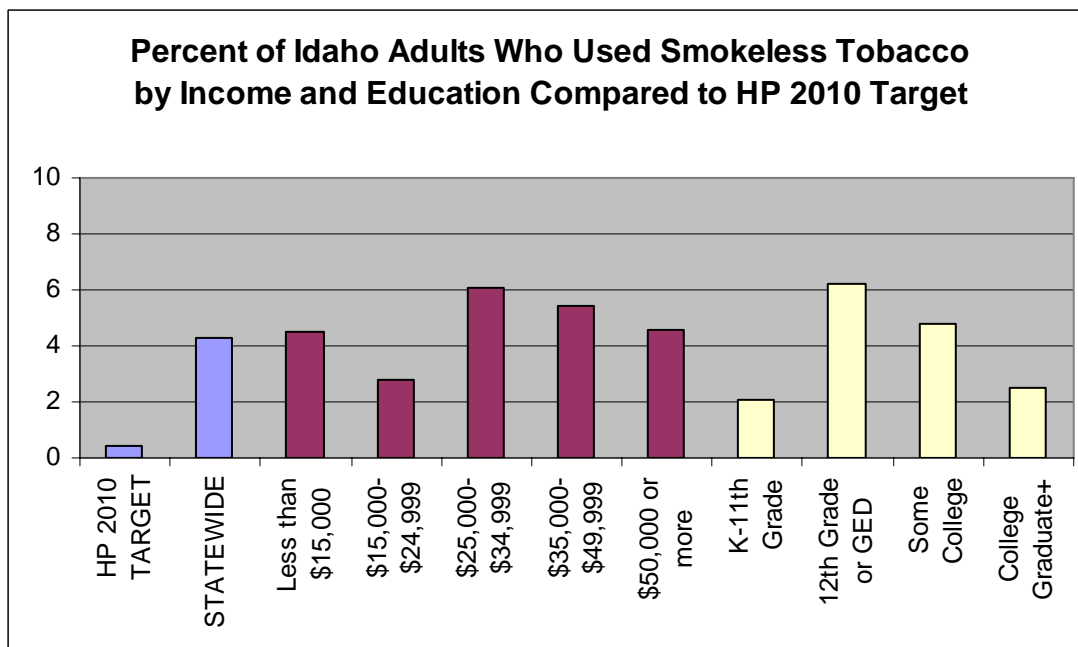
² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



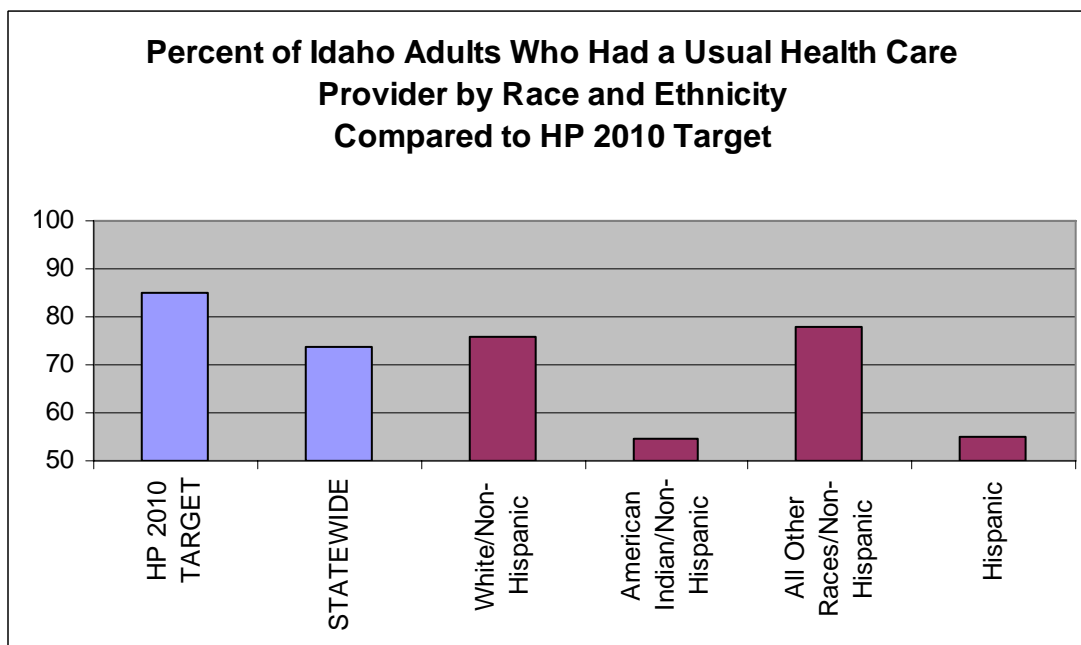
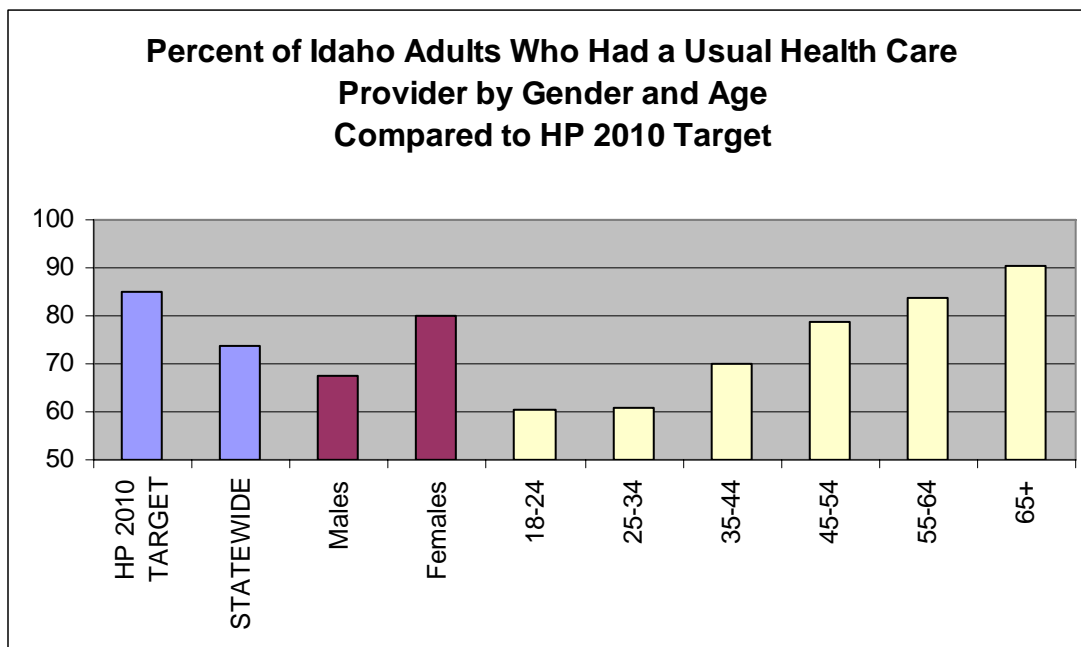


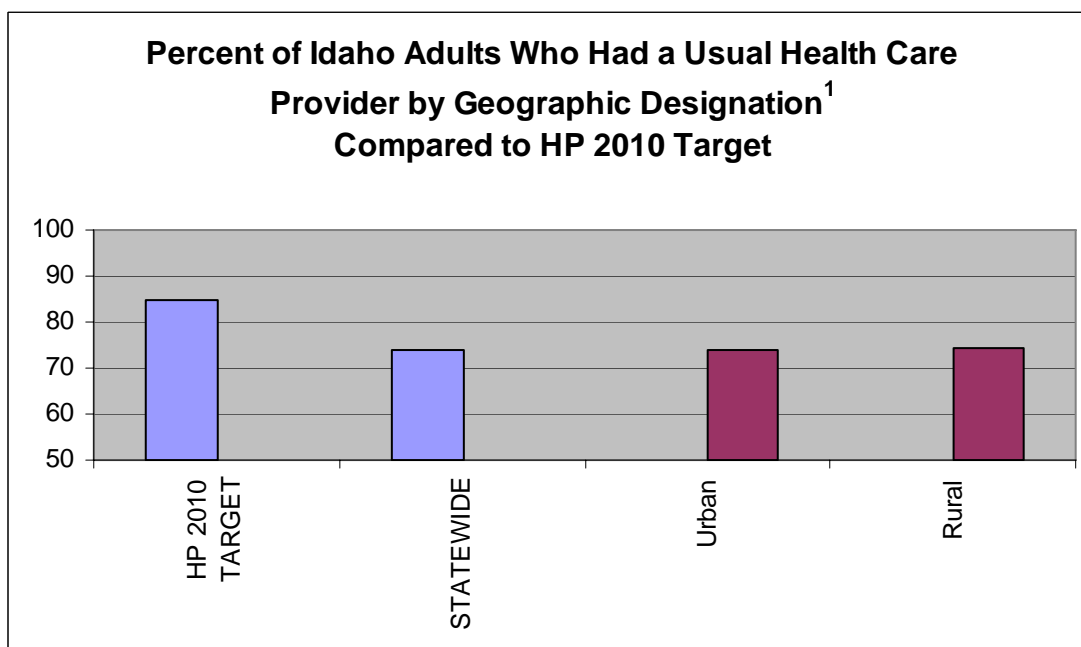
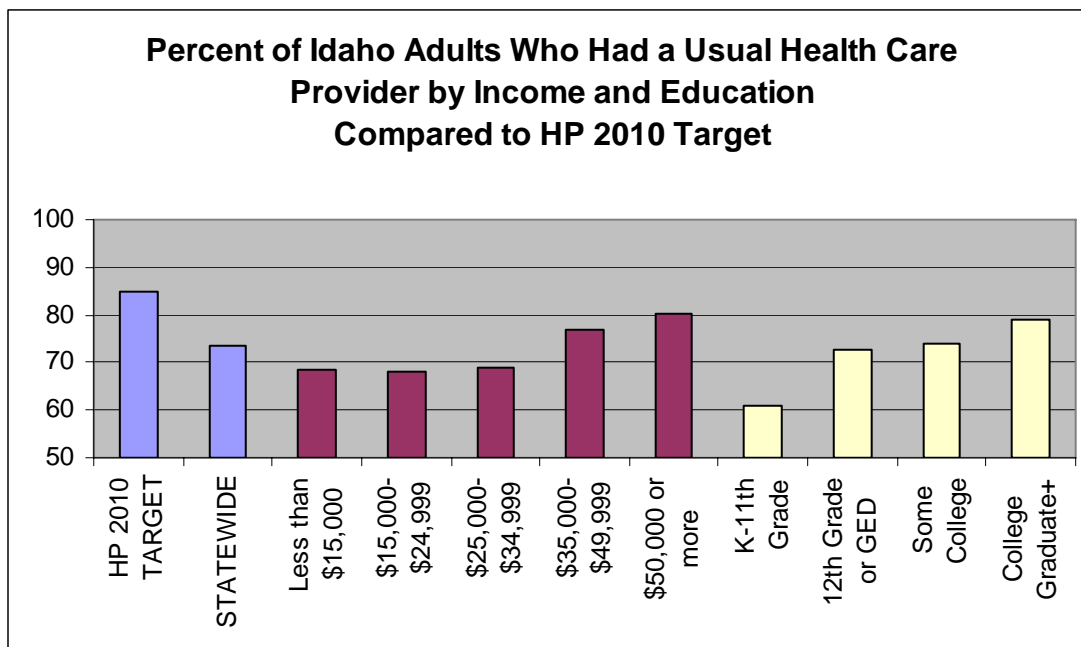
¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.





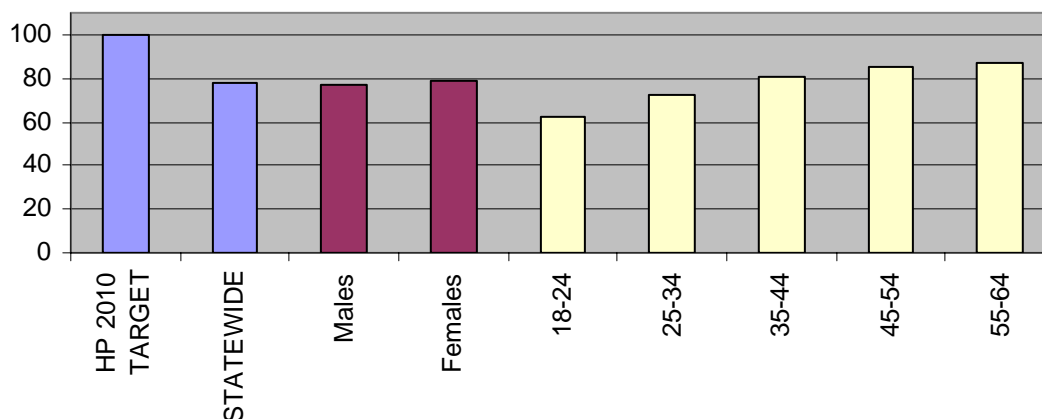
¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



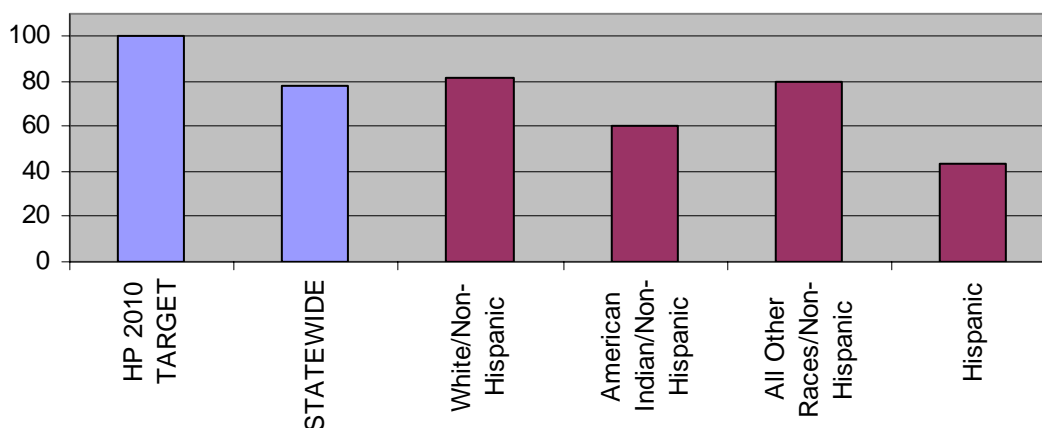


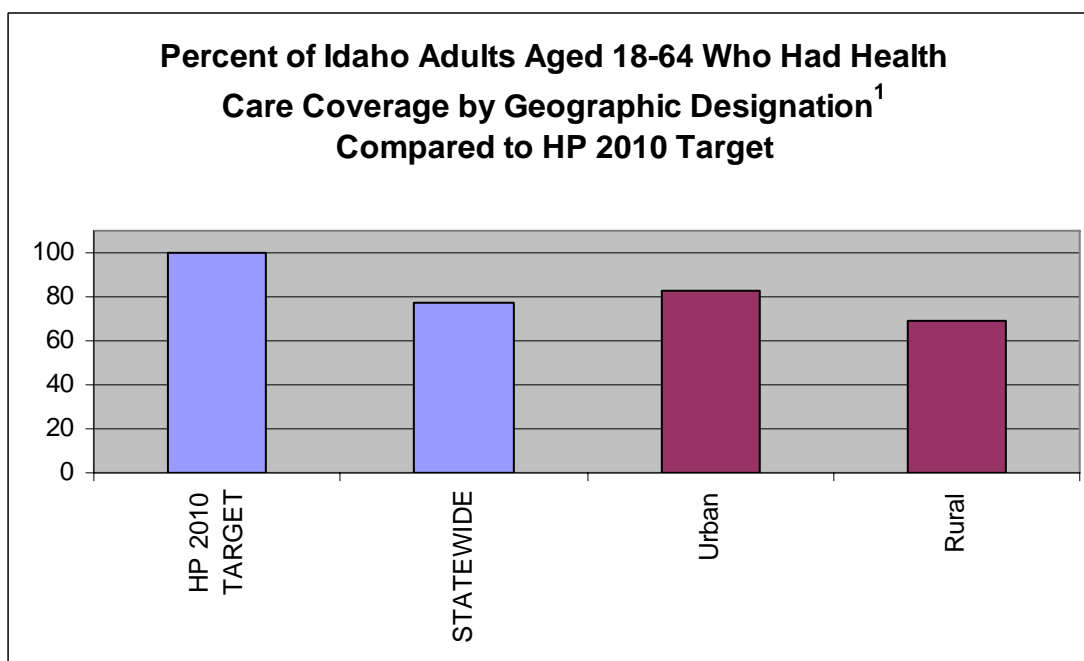
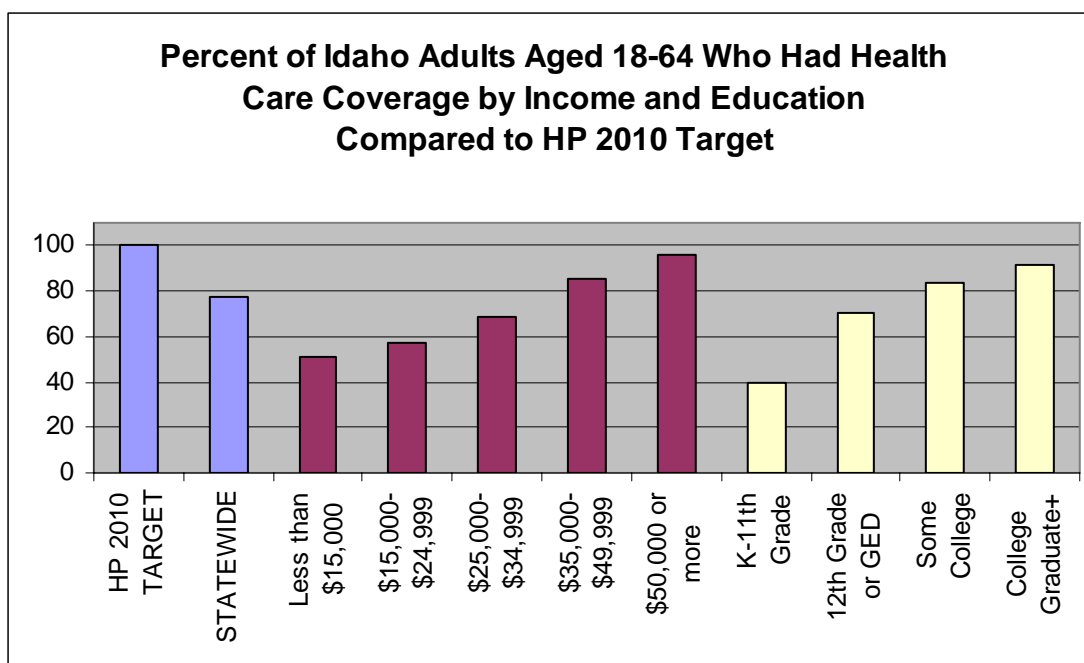
¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

Percent of Idaho Adults Aged 18-64 Who Had Health Care Coverage by Gender and Age Compared to HP 2010 Target

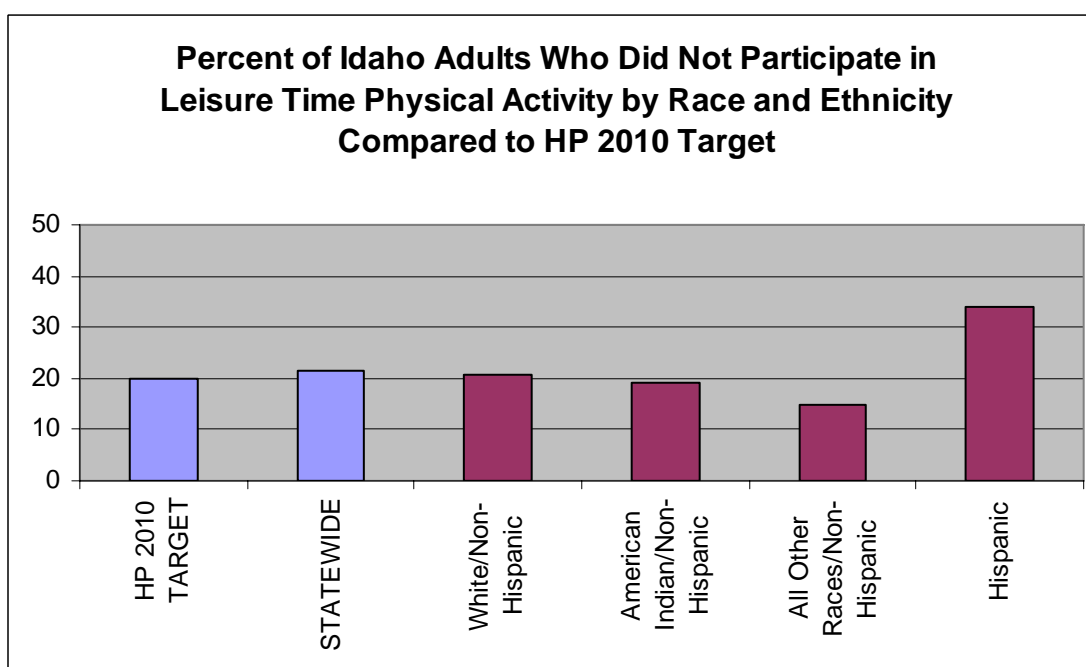
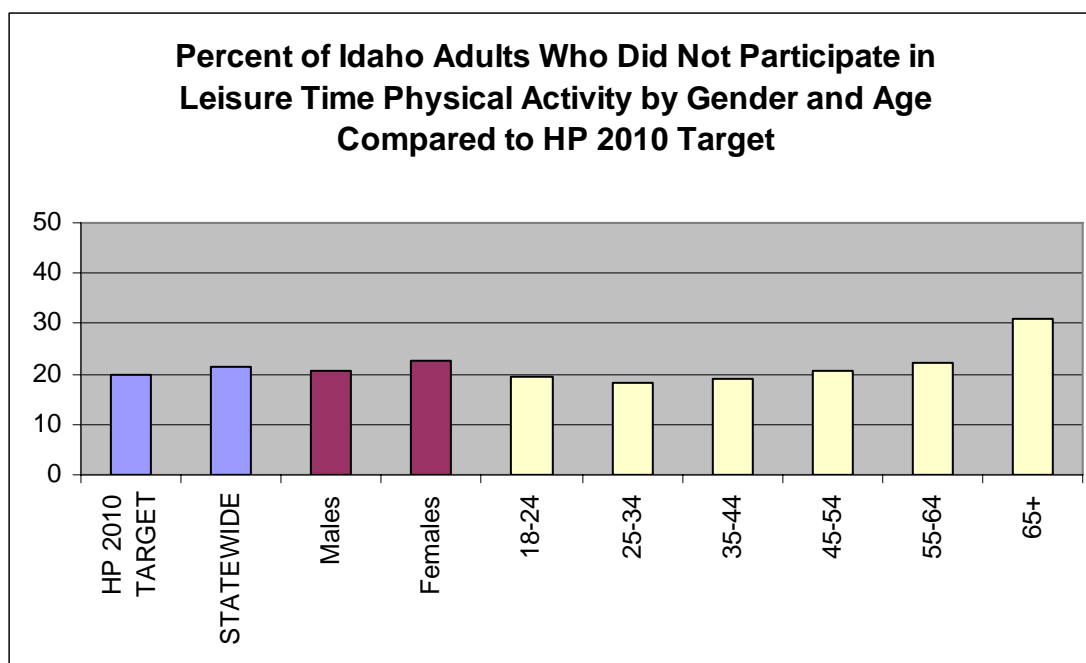


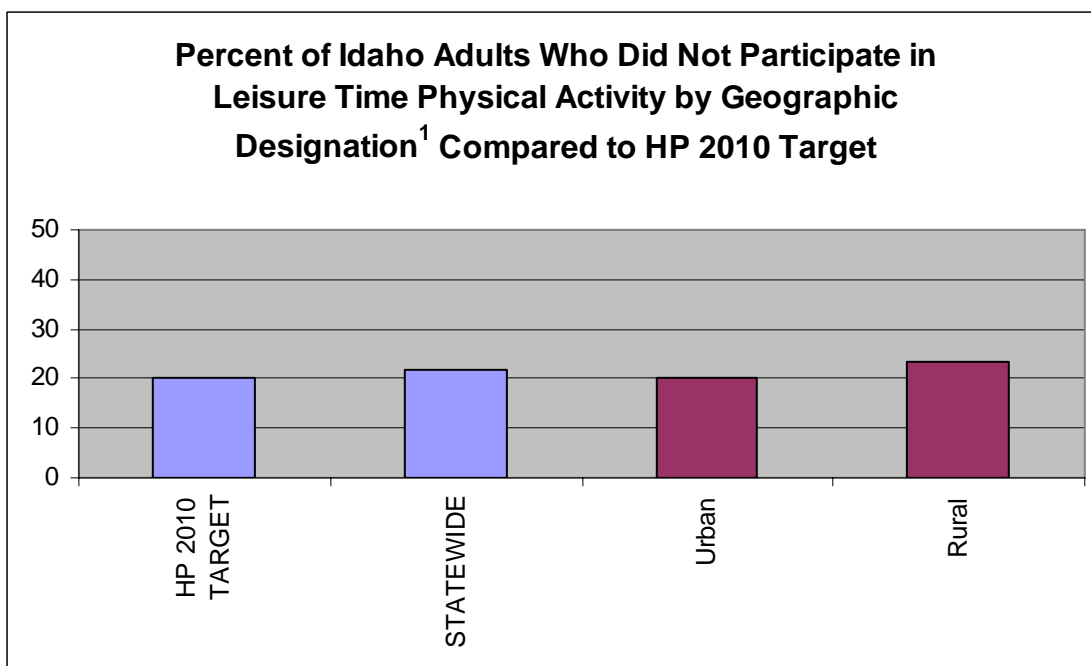
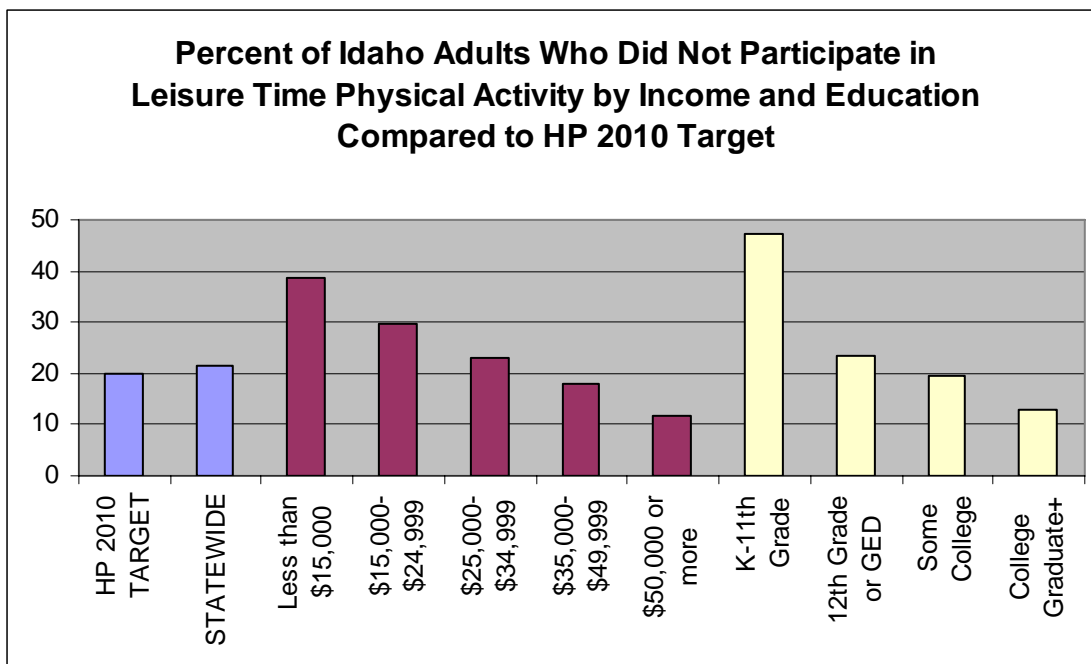
Percent of Idaho Adults Aged 18-64 Who Had Health Care Coverage by Race and Ethnicity Compared to HP 2010 Target





¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

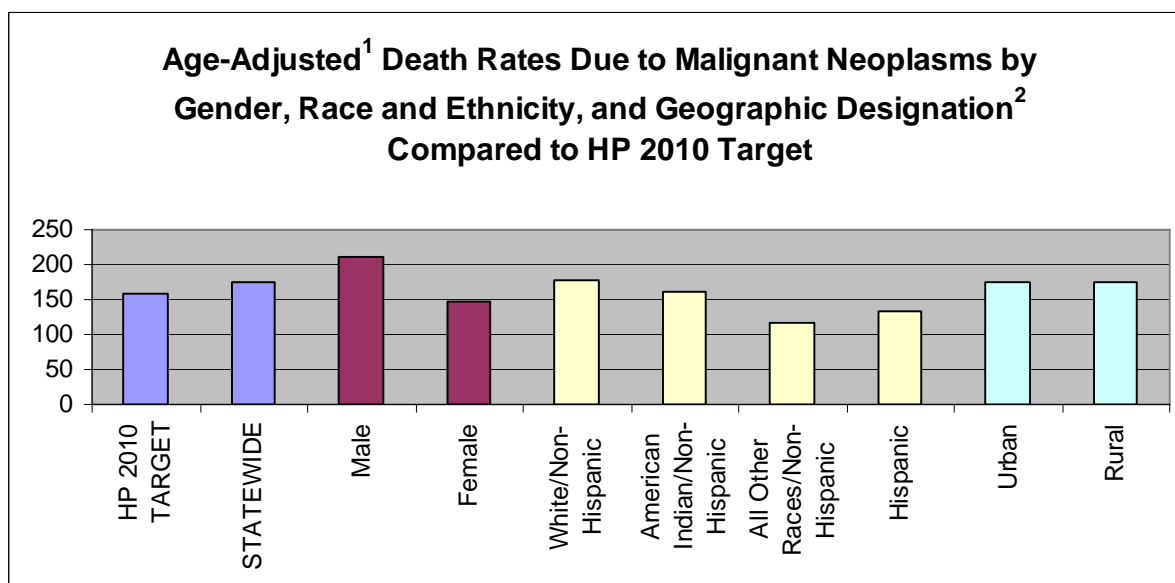
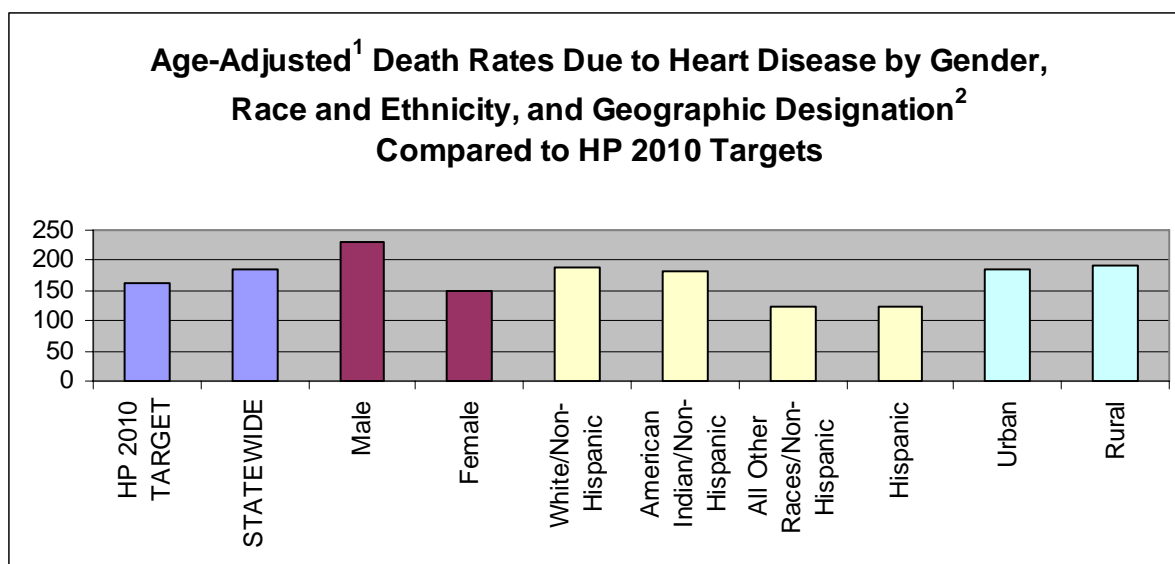




¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

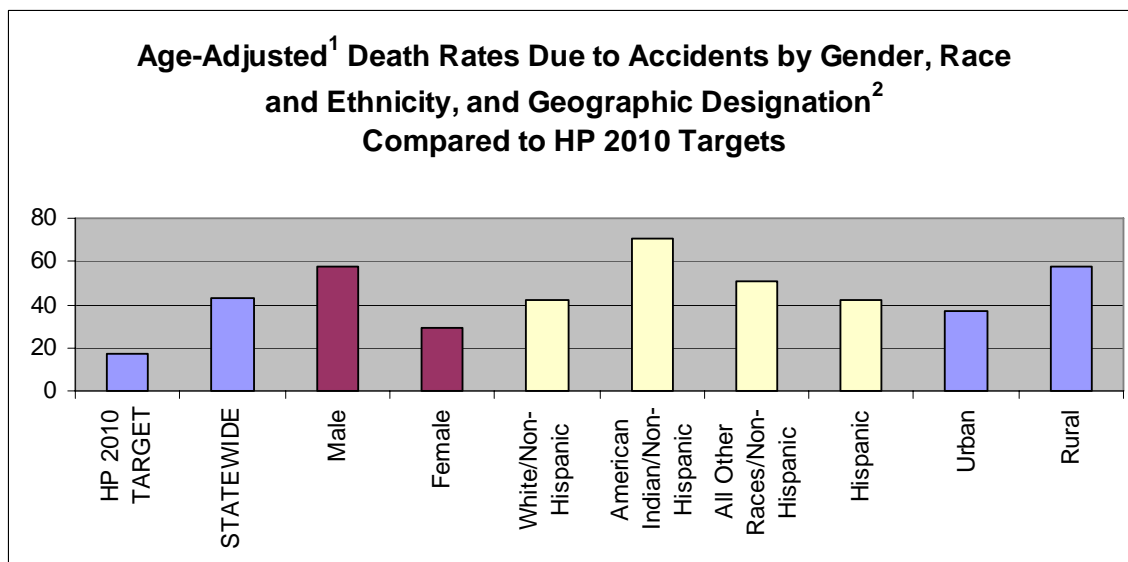
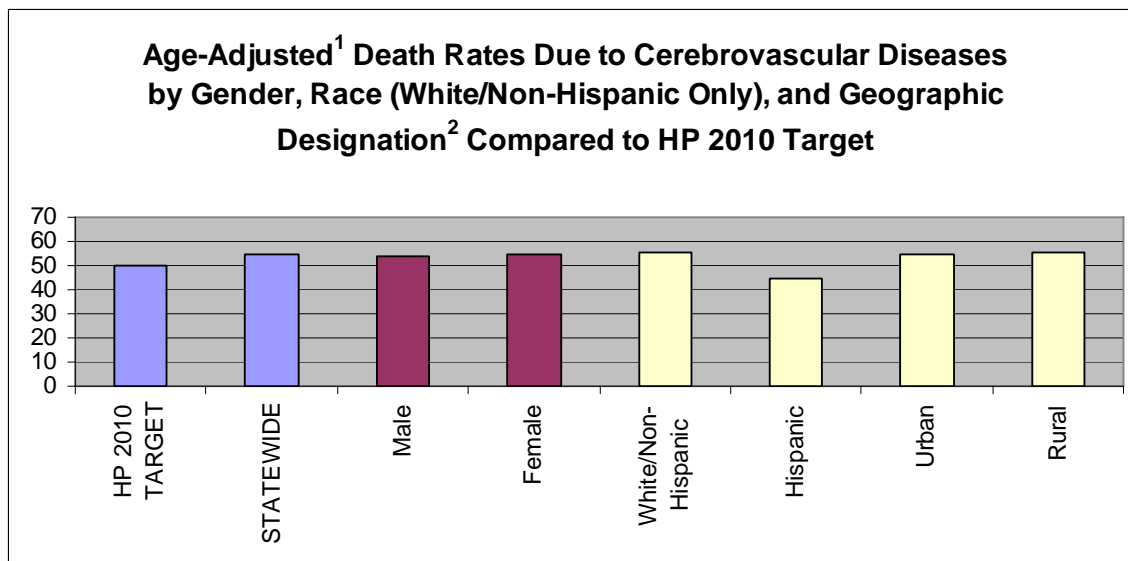
SECTION III:

Vital Statistics and Data from the Pregnancy Risk Assessment Tracking System (PRATS), 2005



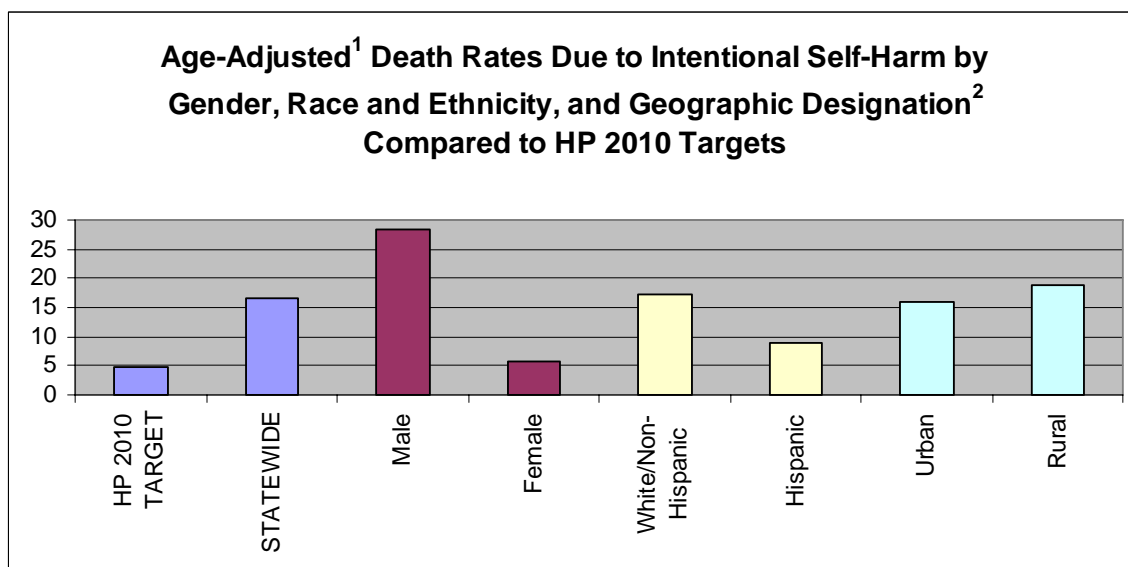
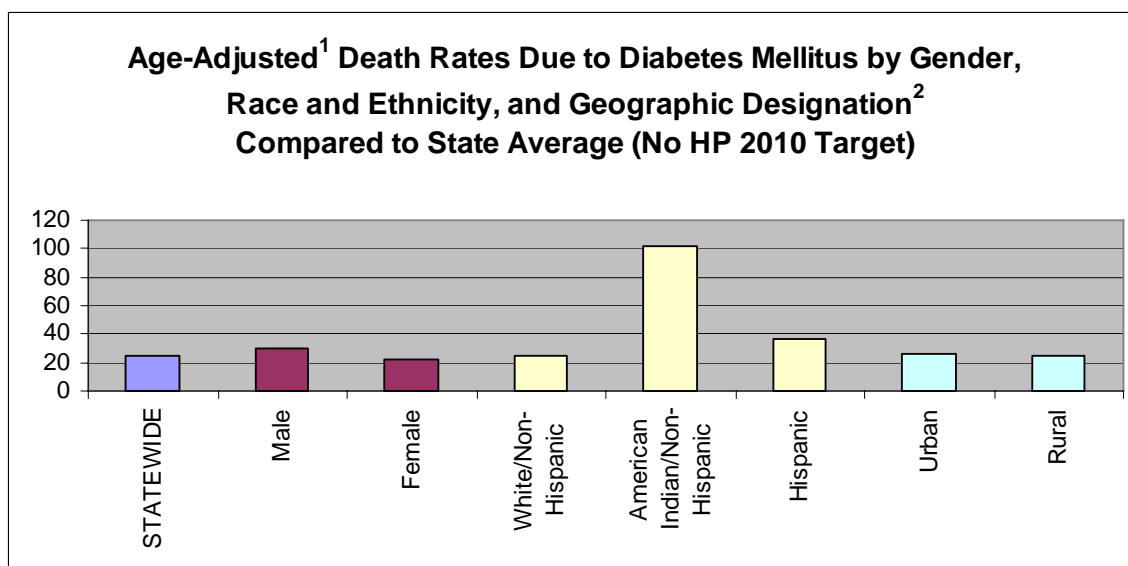
¹ Age-adjusted rates are artificial measures developed to eliminate the bias inherent in differing age compositions, thus allowing comparisons between geographic regions. Age-adjusted rates were

² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



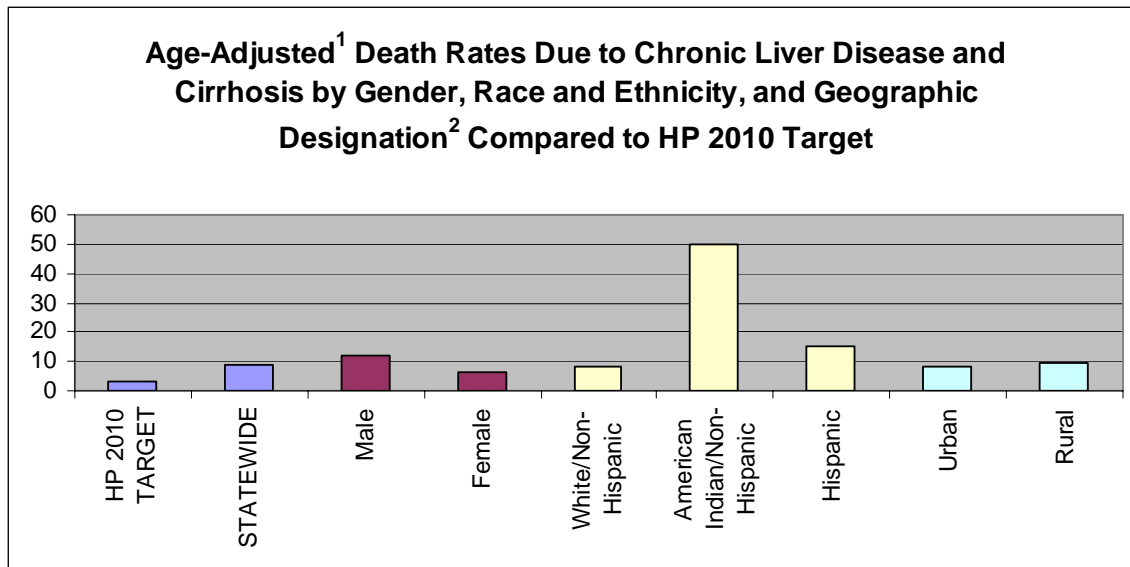
¹ Age-adjusted rates are artificial measures developed to eliminate the bias inherent in differing age compositions, thus allowing comparisons between geographic regions. Age-adjusted rates were

² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



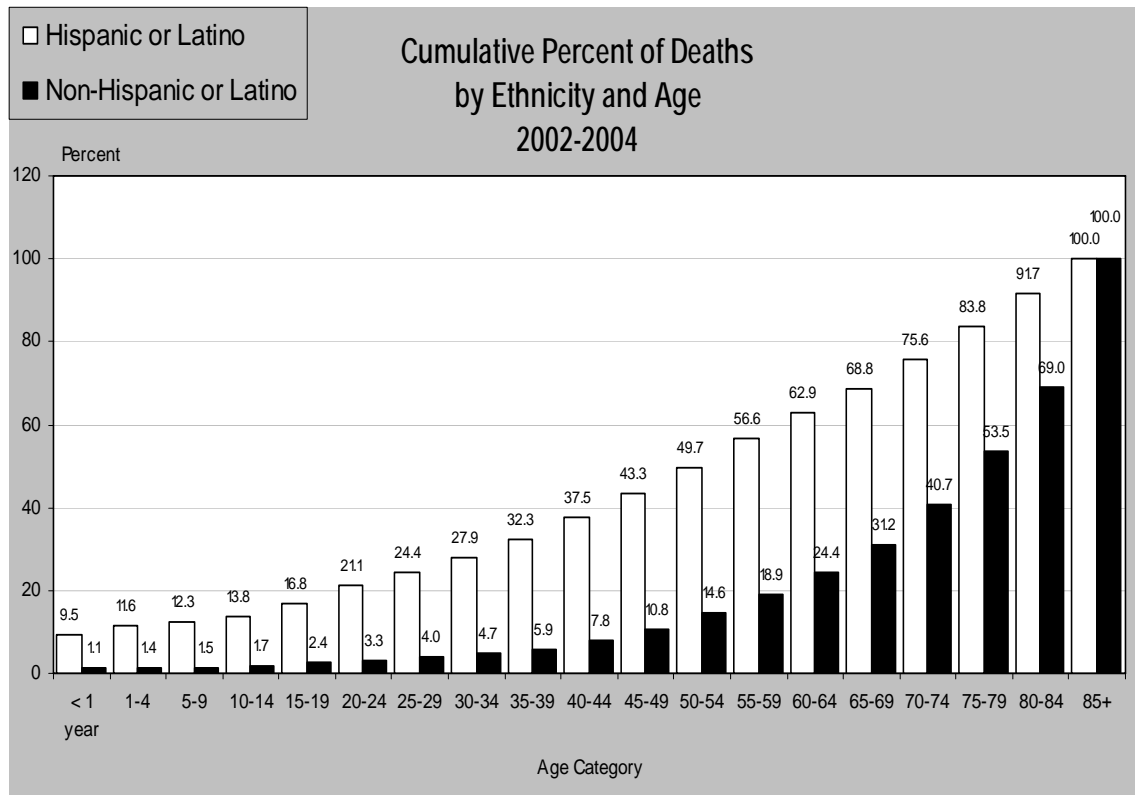
¹ Age-adjusted rates are artificial measures developed to eliminate the bias inherent in differing age compositions, thus allowing comparisons between geographic regions.

² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



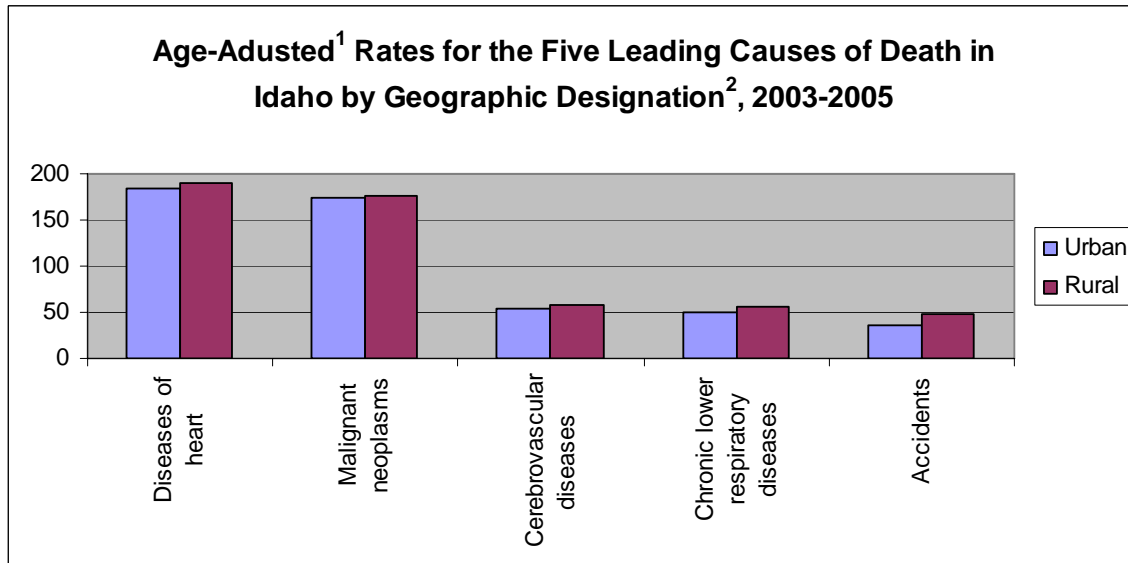
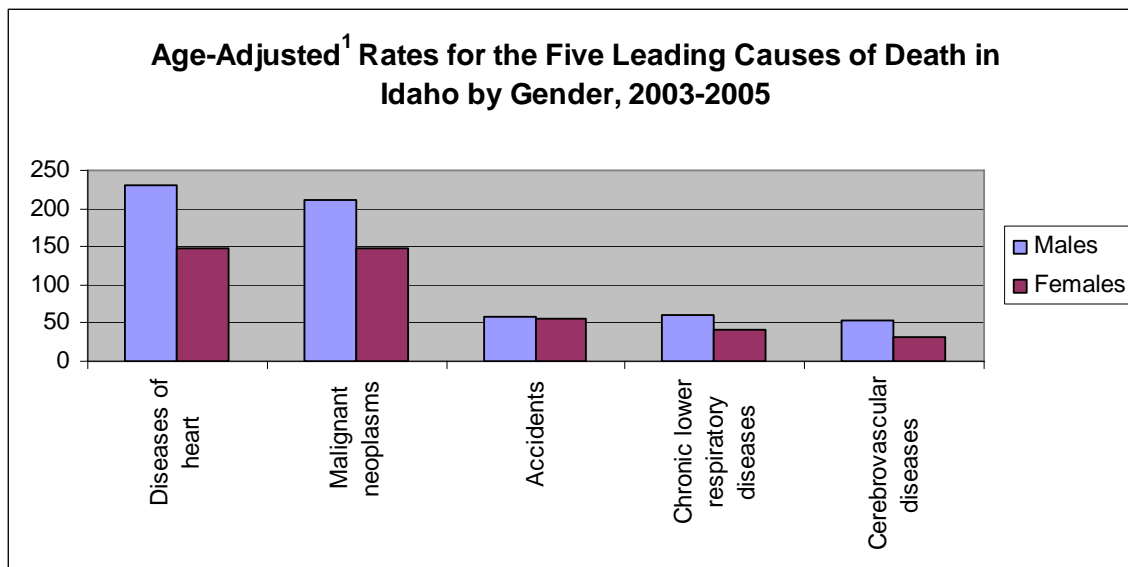
¹ Age-adjusted rates are artificial measures developed to eliminate the bias inherent in differing age compositions, thus allowing comparisons between geographic regions. Age-adjusted rates were

² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



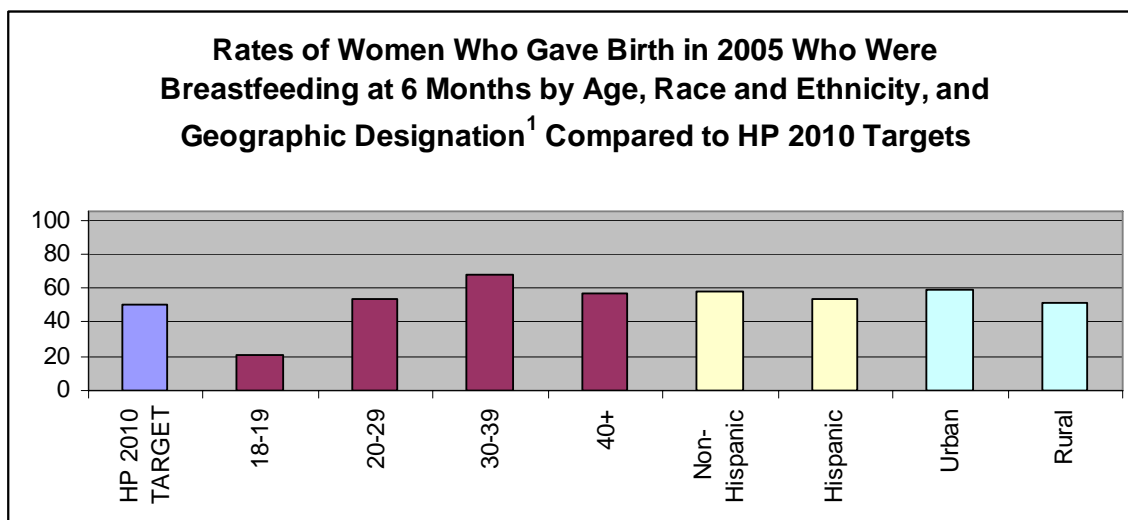
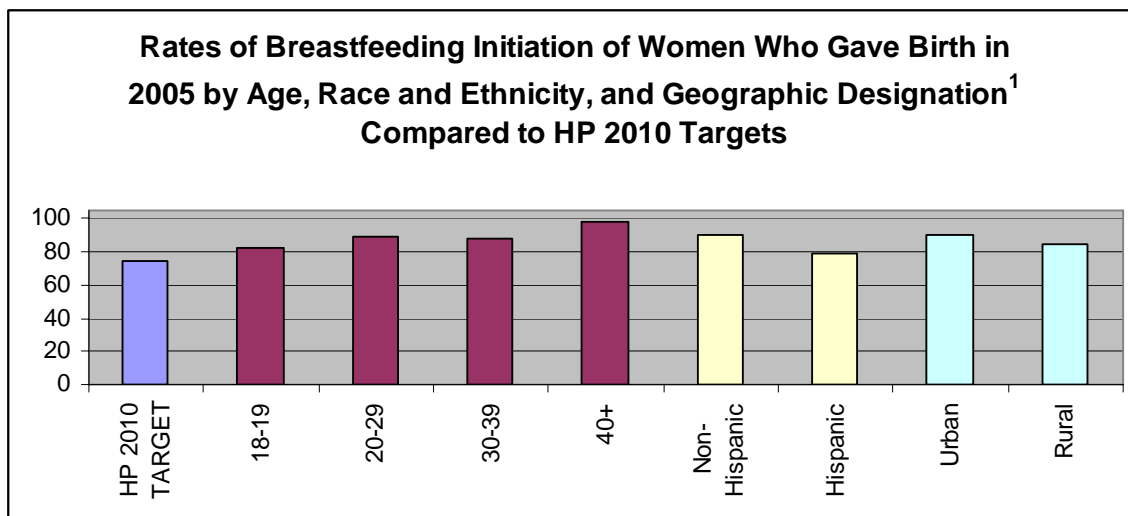
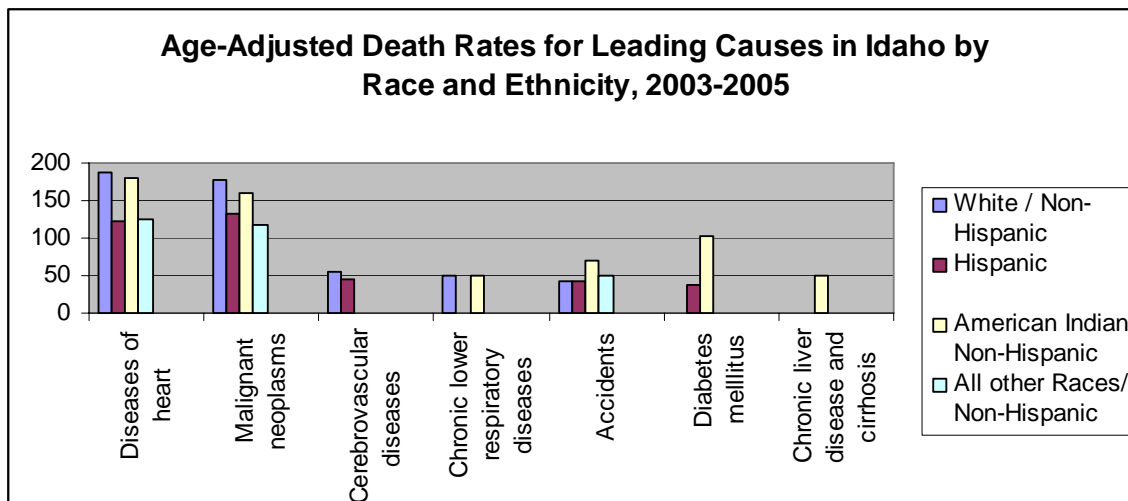
The cumulative percent of death by age and ethnicity provides us with yet another nuance in comparing two populations. Implicit in this graph is the understanding that the Hispanic or Latino population will die of different causes than the Non-Hispanic or Latino population and that the deaths will occur at a younger age. Here is an example of how to interpret this chart. If we are looking at the age group from 50-54, we see that more almost half (49.7%) of the deaths in the Hispanic population between 2002 and 2004 would have occurred in this age. In comparison, for that same age group, only 14.6% of non-Hispanic deaths would have occurred.

Source: Profile of Idaho Health Disparities: A Compilation of Data from the US Census, American Community Survey, Idaho Vital Statistics and the Behavior Risk Factor Surveillance System



¹ Age-adjusted rates are artificial measures developed to eliminate the bias inherent in differing age compositions, thus allowing comparisons between geographic regions.

² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



¹ Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.



¹ IRIS - Idaho's Immunization Reminder Information System.

² Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

APPENDICES

| PERCENT OF IDAHO ADULTS WHO WERE BINGE DRINKERS ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 13.4 |
| STATEWIDE | 13.3 |
| SEX | |
| Males | 20.4 |
| Females | 6.2 |
| AGE | |
| 18-24 | 24.0 |
| 25-34 | 15.2 |
| 35-44 | 16.0 |
| 45-54 | 12.5 |
| 55-64 | 9.0 |
| 65+ | 2.7 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 11.5 |
| American Indian/Non-Hispanic ² | 28.9 |
| All Other Races/Non-Hispanic | 9.3 |
| Hispanic | 28.6 |
| INCOME | |
| Less than \$15,000 | 12.2 |
| \$15,000-\$24,999 | 14.4 |
| \$25,000-\$34,999 | 16.1 |
| \$35,000-\$49,999 | 15.4 |
| \$50,000 or more | 13.0 |
| EDUCATION | |
| K-11th Grade | 20.7 |
| 12th Grade or GED | 14.8 |
| Some College | 12.4 |
| College Graduate+ | 10.0 |
| GEOGRAPHIC LOCATION ³ | |
| Urban | 13.1 |
| Rural | 13.1 |
| 1. Binge drinking was defined as the consumption of five or more alcoholic beverages on one or more occasions in the past 30 days. | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS WHO WERE HEAVY DRINKERS ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | N/A |
| STATEWIDE | 4.5 |
| SEX | |
| Males | 7.2 |
| Females | 1.8 |
| AGE | |
| 18-24 | 2.2 |
| 25-34 | 4.5 |
| 35-44 | 4.6 |
| 45-54 | 5.5 |
| 55-64 | 5.5 |
| 65+ | 4.3 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 4.3 |
| American Indian/Non-Hispanic ² | 13.3 |
| All Other Races/Non-Hispanic | 4.1 |
| Hispanic | 4.7 |
| INCOME | |
| Less than \$15,000 | 2.8 |
| \$15,000-\$24,999 | 3.9 |
| \$25,000-\$34,999 | 4.4 |
| \$35,000-\$49,999 | 4.7 |
| \$50,000 or more | 5.7 |
| EDUCATION | |
| K-11th Grade | 3.7 |
| 12th Grade or GED | 4.8 |
| Some College | 4.4 |
| College Graduate+ | 4.4 |
| GEOGRAPHIC LOCATION ³ | |
| Urban | 4.5 |
| Rural | 4.4 |
| 1. Heavy drinking was defined as the consumption of 60 or more alcoholic beverages in the past 30 days. | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

2005 Behavioral Risk Factor Surveillance System (BRFSS). Idaho Department of Health and Welfare, Division of Health, Bureau of Health Policy and Vital Statistics. September 22, 2006.

| PERCENT OF IDAHO ADULTS WHO USED ILLICIT DRUGS IN THE PAST 30 DAYS ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 3.2 |
| STATEWIDE | 2.7 |
| | |
| SEX | |
| Males | 3.4 |
| Females | 2.0 |
| AGE | |
| 18-24 | 6.7 |
| 25-34 | 2.1 |
| 35-44 | 1.9 |
| 45-54 | 2.6 |
| 55-64 | 2.0 |
| 65+ | 1.2 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 2.6 |
| American Indian/Non-Hispanic ² | 3.2 |
| All Other Races/Non-Hispanic | 2.5 |
| Hispanic | 3.9 |
| INCOME | |
| Less than \$15,000 | 2.6 |
| \$15,000-\$24,999 | 4.1 |
| \$25,000-\$34,999 | 3.2 |
| \$35,000-\$49,999 | 2.4 |
| \$50,000 or more | 1.5 |
| EDUCATION | |
| K-11th Grade | 3.2 |
| 12th Grade or GED | 3.9 |
| Some College | 2.4 |
| College Graduate+ | 1.4 |
| GEOGRAPHIC LOCATION³ | |
| Urban | 3.1 |
| Rural | 1.9 |
| 1. Illicit drug use was defined as the use of any drug not prescribed by a doctor or used to get high or for curiosity. | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS WHO FELL IN THE PAST 12 MONTHS, 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | N/A |
| STATEWIDE | 18.9 |
| | |
| SEX | |
| Males | 19.5 |
| Females | 18.2 |
| | |
| AGE | |
| 18-24 | 18.3 |
| 25-34 | 14.2 |
| 35-44 | 17.2 |
| 45-54 | 19.9 |
| 55-64 | 23.0 |
| 65+ | 22.1 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 19.2 |
| American Indian/Non-Hispanic ¹ | 10.6 |
| All Other Races/Non-Hispanic | 28.5 |
| Hispanic | 12.4 |
| INCOME | |
| Less than \$15,000 | 30.3 |
| \$15,000-\$24,999 | 22.0 |
| \$25,000-\$34,999 | 16.7 |
| \$35,000-\$49,999 | 18.8 |
| \$50,000 or more | 15.8 |
| EDUCATION | |
| K-11th Grade | 17.0 |
| 12th Grade or GED | 18.9 |
| Some College | 20.5 |
| College Graduate+ | 17.7 |
| GEOGRAPHIC LOCATION ² | |
| Urban | 18.4 |
| Rural | 19.5 |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS WHO WERE INJURED DUE TO A FALL IN THE PAST 12 MONTHS ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | N/A |
| STATEWIDE | 46.0 |
| | |
| SEX | |
| Males | 42.8 |
| Females | 49.3 |
| | |
| AGE | |
| 18-24 | 38.1 |
| 25-34 | 44.0 |
| 35-44 | 50.6 |
| 45-54 | 48.7 |
| 55-64 | 44.9 |
| 65+ | 47.0 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 46.1 |
| American Indian/Non-Hispanic ² | * |
| All Other Races/Non-Hispanic | * |
| Hispanic | * |
| INCOME | |
| Less than \$15,000 | 50.1 |
| \$15,000-\$24,999 | 46.9 |
| \$25,000-\$34,999 | 50.5 |
| \$35,000-\$49,999 | 43.5 |
| \$50,000 or more | 40.6 |
| EDUCATION | |
| K-11th Grade | 46.9 |
| 12th Grade or GED | 42.9 |
| Some College | 49.7 |
| College Graduate+ | 44.4 |
| GEOGRAPHIC LOCATION ³ | |
| Urban | 45.5 |
| Rural | 47.6 |
| *Figure not reliable by BRFSS standards (N < 50) | |
| 1. Among those who reported falling in the past 12 months. | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

2005 Behavioral Risk Factor Surveillance System (BRFSS). Idaho Department of Health and Welfare, Division of Health, Bureau of Health Policy and Vital Statistics, September 22, 2006.

| PERCENT OF IDAHO ADULTS WHO HAD 14 OR MORE DAYS OF POOR MENTAL HEALTH IN THE PAST 30 DAYS, 2005 | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | N/A |
| STATEWIDE | 9.7 |
| | |
| SEX | |
| Males | 6.9 |
| Females | 12.5 |
| AGE | |
| 18-24 | 9.3 |
| 25-34 | 10.8 |
| 35-44 | 10.5 |
| 45-54 | 10.8 |
| 55-64 | 10.3 |
| 65+ | 6.2 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 9.6 |
| American Indian/Non-Hispanic ¹ | 21.6 |
| All Other Races/Non-Hispanic | 15.4 |
| Hispanic | 7.5 |
| INCOME | |
| Less than \$15,000 | 17.9 |
| \$15,000-\$24,999 | 14.5 |
| \$25,000-\$34,999 | 11.2 |
| \$35,000-\$49,999 | 7.1 |
| \$50,000 or more | 5.8 |
| EDUCATION | |
| K-11th Grade | 10.9 |
| 12th Grade or GED | 11.1 |
| Some College | 10.3 |
| College Graduate+ | 7.2 |
| GEOGRAPHIC LOCATION² | |
| Urban | 9.7 |
| Rural | 10.0 |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |
| 2005 Behavioral Risk Factor Surveillance System (BRFSS). Idaho Department of Health and Welfare, Division of Health, Bureau of Health Policy and Vital Statistics, September 22, 2006. | |

| PERCENT OF IDAHO ADULTS AGED 65 AND OLDER WHO RECEIVED AN INFLUENZA VACCINE IN THE PAST 12 MONTHS, 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 90.0 |
| STATEWIDE | 64.2 |
| | |
| SEX | |
| Males | 65.7 |
| Females | 63.0 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 64.9 |
| American Indian/Non-Hispanic ¹ | * |
| All Other Races/Non-Hispanic | * |
| Hispanic | * |
| INCOME | |
| Less than \$15,000 | 55.8 |
| \$15,000-\$24,999 | 65.1 |
| \$25,000-\$34,999 | 65.9 |
| \$35,000-\$49,999 | 68.0 |
| \$50,000 or more | 63.0 |
| EDUCATION | |
| K-11th Grade | 62.0 |
| 12th Grade or GED | 60.9 |
| Some College | 63.8 |
| College Graduate+ | 70.8 |
| GEOGRAPHIC LOCATION ² | |
| Urban | 65.5 |
| Rural | 62.9 |
| *Figure not reliable by BRFSS standards (N < 50) | |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS AGED 65 AND OLDER WHO EVER RECEIVED A PNEUMOCOCCAL VACCINE, 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 90.0 |
| STATEWIDE | 61.6 |
| | |
| SEX | |
| Males | 57.4 |
| Females | 64.9 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 62.2 |
| American Indian/Non-Hispanic ¹ | * |
| All Other Races/Non-Hispanic | * |
| Hispanic | * |
| INCOME | |
| Less than \$15,000 | 55.1 |
| \$15,000-\$24,999 | 62.6 |
| \$25,000-\$34,999 | 64.7 |
| \$35,000-\$49,999 | 65.2 |
| \$50,000 or more | 60.5 |
| EDUCATION | |
| K-11th Grade | 66.3 |
| 12th Grade or GED | 58.1 |
| Some College | 63.8 |
| College Graduate+ | 62.5 |
| GEOGRAPHIC LOCATION ² | |
| Urban | 62.9 |
| Rural | 60.3 |
| *Figure not reliable by BRFSS standards (N < 50) | |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS AGED 20 AND OLDER WHO WERE OBESE ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 15.0 |
| STATEWIDE | 24.9 |
| | |
| SEX | |
| Males | 26.2 |
| Females | 23.6 |
| AGE | |
| 18-24 | 18.2 |
| 25-34 | 20.2 |
| 35-44 | 25.4 |
| 45-54 | 32.3 |
| 55-64 | 31.5 |
| 65+ | 20.0 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 24.1 |
| American Indian/Non-Hispanic ² | 49.6 |
| All Other Races/Non-Hispanic | 23.0 |
| Hispanic | 31.2 |
| INCOME | |
| Less than \$15,000 | 24.1 |
| \$15,000-\$24,999 | 27.2 |
| \$25,000-\$34,999 | 24.9 |
| \$35,000-\$49,999 | 27.9 |
| \$50,000 or more | 22.8 |
| EDUCATION | |
| K-11th Grade | 31.4 |
| 12th Grade or GED | 24.1 |
| Some College | 26.6 |
| College Graduate+ | 22.0 |
| GEOGRAPHIC LOCATION³ | |
| Urban | 25.1 |
| Rural | 24.4 |
| 1. Obese was defined as a Body Mass Index (BMI) greater than or equal to 30.0. | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS AGED 20 AND OLDER WHO WERE OVERWEIGHT ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | N/A |
| STATEWIDE | 62.2 |
| | |
| SEX | |
| Males | 72.0 |
| Females | 52.3 |
| AGE | |
| 18-24 | 40.7 |
| 25-34 | 57.9 |
| 35-44 | 65.4 |
| 45-54 | 71.4 |
| 55-64 | 69.1 |
| 65+ | 61.8 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 61.7 |
| American Indian/Non-Hispanic ² | 75.4 |
| All Other Races/Non-Hispanic | 67.5 |
| Hispanic | 63.9 |
| INCOME | |
| Less than \$15,000 | 59.7 |
| \$15,000-\$24,999 | 61.6 |
| \$25,000-\$34,999 | 59.9 |
| \$35,000-\$49,999 | 66.9 |
| \$50,000 or more | 63.2 |
| EDUCATION | |
| K-11th Grade | 66.5 |
| 12th Grade or GED | 60.7 |
| Some College | 64.7 |
| College Graduate+ | 60.2 |
| GEOGRAPHIC LOCATION³ | |
| Urban | 61.9 |
| Rural | 63.3 |
| 1. Overweight was defined as a Body Mass Index (BMI) greater than or equal to 25.0 (includes obese). | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

**PERCENT OF IDAHO ADULTS AGED 20
AND OLDER WHO WERE HEALTHY
WEIGHT¹, 2005**

| | PERCENT |
|-------------------------------------------|----------------|
| HP 2010 TARGET | 60.0 |
| STATEWIDE | 36.5 |
| SEX | |
| Males | 27.8 |
| Females | 45.4 |
| AGE | |
| 18-24 | 57.9 |
| 25-34 | 40.5 |
| 35-44 | 34.1 |
| 45-54 | 28.0 |
| 55-64 | 29.5 |
| 65+ | 36.1 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 37.0 |
| American Indian/Non-Hispanic ² | 24.6 |
| All Other Races/Non-Hispanic | 29.9 |
| Hispanic | 35.6 |
| INCOME | |
| Less than \$15,000 | 39.0 |
| \$15,000-\$24,999 | 37.2 |
| \$25,000-\$34,999 | 38.5 |
| \$35,000-\$49,999 | 32.2 |
| \$50,000 or more | 35.9 |
| EDUCATION | |
| K-11th Grade | 32.5 |
| 12th Grade or GED | 37.7 |
| Some College | 34.3 |
| College Graduate+ | 38.8 |
| GEOGRAPHIC LOCATION³ | |
| Urban | 37.1 |
| Rural | 35.3 |

1. Healthy weight was defined as a Body Mass Index (BMI) greater than or equal to 18.5 and less than 25.0.

2. Includes Alaskan Natives.

3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

| PERCENT OF IDAHO ADULTS WHO WERE CURRENT SMOKERS ¹ , 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 12.0 |
| STATEWIDE | 17.9 |
| | |
| SEX | |
| Males | 19.6 |
| Females | 16.3 |
| AGE | |
| 18-24 | 19.3 |
| 25-34 | 20.6 |
| 35-44 | 20.8 |
| 45-54 | 19.5 |
| 55-64 | 18.5 |
| 65+ | 8.0 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 17.3 |
| American Indian/Non-Hispanic ² | 29.5 |
| All Other Races/Non-Hispanic | 20.1 |
| Hispanic | 22.7 |
| INCOME | |
| Less than \$15,000 | 31.7 |
| \$15,000-\$24,999 | 25.0 |
| \$25,000-\$34,999 | 20.6 |
| \$35,000-\$49,999 | 15.5 |
| \$50,000 or more | 10.7 |
| EDUCATION | |
| K-11th Grade | 32.0 |
| 12th Grade or GED | 24.3 |
| Some College | 16.5 |
| College Graduate+ | 7.3 |
| GEOGRAPHIC LOCATION³ | |
| Urban | 16.7 |
| Rural | 20.1 |
| 1. Current smoker was defined as any person reporting ever smoking 100 or more cigarettes and currently smoking everyday or some days. | |
| 2. Includes Alaskan Natives. | |
| 3. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS WHO USED SMOKELESS TOBACCO, 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 0.4 |
| STATEWIDE | 4.3 |
| | |
| SEX | |
| Males | 8.6 |
| Females | 0.1 |
| AGE | |
| 18-24 | 3.2 |
| 25-34 | 6.5 |
| 35-44 | 6.6 |
| 45-54 | 4.7 |
| 55-64 | 2.4 |
| 65+ | 1.6 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 4.6 |
| American Indian/Non-Hispanic ¹ | 2.2 |
| All Other Races/Non-Hispanic | 5.4 |
| Hispanic | 2.0 |
| INCOME | |
| Less than \$15,000 | 4.5 |
| \$15,000-\$24,999 | 2.8 |
| \$25,000-\$34,999 | 6.1 |
| \$35,000-\$49,999 | 5.4 |
| \$50,000 or more | 4.6 |
| EDUCATION | |
| K-11th Grade | 2.1 |
| 12th Grade or GED | 6.2 |
| Some College | 4.8 |
| College Graduate+ | 2.5 |
| GEOGRAPHIC LOCATION² | |
| Urban | 3.5 |
| Rural | 6.0 |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS WHO HAD A USUAL HEALTH CARE PROVIDER, 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 85.0 |
| STATEWIDE | 73.7 |
| | |
| SEX | |
| Males | 67.5 |
| Females | 79.9 |
| AGE | |
| 18-24 | 60.5 |
| 25-34 | 60.8 |
| 35-44 | 70.2 |
| 45-54 | 78.8 |
| 55-64 | 83.8 |
| 65+ | 90.4 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 75.9 |
| American Indian/Non-Hispanic ¹ | 54.7 |
| All Other Races/Non-Hispanic | 78.1 |
| Hispanic | 55.0 |
| INCOME | |
| Less than \$15,000 | 68.3 |
| \$15,000-\$24,999 | 68.0 |
| \$25,000-\$34,999 | 69.0 |
| \$35,000-\$49,999 | 76.9 |
| \$50,000 or more | 80.3 |
| EDUCATION | |
| K-11th Grade | 61.0 |
| 12th Grade or GED | 72.8 |
| Some College | 74.0 |
| College Graduate+ | 79.0 |
| | |
| GEOGRAPHIC LOCATION² | |
| Urban | 74.1 |
| Rural | 74.2 |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

| PERCENT OF IDAHO ADULTS AGED 18 TO 64 WHO HAD HEALTH CARE COVERAGE, 2005 | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| | PERCENT |
| HP 2010 TARGET | 100.0 |
| STATEWIDE | 77.7 |
| | |
| SEX | |
| Males | 76.7 |
| Females | 78.7 |
| AGE | |
| 18-24 | 62.5 |
| 25-34 | 72.2 |
| 35-44 | 80.5 |
| 45-54 | 85.5 |
| 55-64 | 87.2 |
| | |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 82.0 |
| American Indian/Non-Hispanic ¹ | 60.2 |
| All Other Races/Non-Hispanic | 79.8 |
| Hispanic | 43.6 |
| INCOME | |
| Less than \$15,000 | 51.3 |
| \$15,000-\$24,999 | 56.9 |
| \$25,000-\$34,999 | 68.4 |
| \$35,000-\$49,999 | 85.7 |
| \$50,000 or more | 95.8 |
| EDUCATION | |
| K-11th Grade | 39.5 |
| 12th Grade or GED | 70.2 |
| Some College | 83.6 |
| College Graduate+ | 91.5 |
| | |
| GEOGRAPHIC LOCATION² | |
| Urban | 83.0 |
| Rural | 69.2 |
| 1. Includes Alaskan Natives. | |
| 2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural. | |

**PERCENT OF IDAHO ADULTS WHO DID
NOT PARTICIPATE IN LEISURE TIME
PHYSICAL ACTIVITY, 2005**

| | PERCENT |
|-------------------------------------------|----------------|
| HP 2010 TARGET | 20.0 |
| STATEWIDE | 21.6 |
| SEX | |
| Males | 20.7 |
| Females | 22.6 |
| AGE | |
| 18-24 | 19.5 |
| 25-34 | 18.2 |
| 35-44 | 19.2 |
| 45-54 | 20.8 |
| 55-64 | 22.2 |
| 65+ | 31.0 |
| RACE/ETHNICITY | |
| White/Non-Hispanic | 20.6 |
| American Indian/Non-Hispanic ¹ | 19.3 |
| All Other Races/Non-Hispanic | 14.7 |
| Hispanic | 33.9 |
| INCOME | |
| Less than \$15,000 | 38.8 |
| \$15,000-\$24,999 | 29.6 |
| \$25,000-\$34,999 | 23.0 |
| \$35,000-\$49,999 | 17.8 |
| \$50,000 or more | 11.9 |
| EDUCATION | |
| K-11th Grade | 47.2 |
| 12th Grade or GED | 23.6 |
| Some College | 19.5 |
| College Graduate+ | 12.8 |
| GEOGRAPHIC LOCATION² | |
| Urban | 20.1 |
| Rural | 23.5 |

1. Includes Alaskan Natives.

2. Urban was defined as any county in Idaho that contained a city with a population of 20,000 or greater. All other counties were considered rural.

**Idaho Resident Deaths
2003-2005**

| | Diseases of heart | | Malignant neoplasms | | Cerebrovascular diseases | | Chronic lower respiratory diseases | | Accidents | |
|----------------------------------------|-------------------|--------------------------------|---------------------|--------------------------------|--------------------------|--------------------------------|------------------------------------|--------------------------------|-----------|--------------------------------|
| | Number | Age-Adjusted Rate ¹ | Number | Age-Adjusted Rate ¹ | Number | Age-Adjusted Rate ¹ | Number | Age-Adjusted Rate ¹ | Number | Age-Adjusted Rate ¹ |
| HP 2010 TARGET² | NA | | 158.6 | | 50.0 | | NC | | 17.1 | |
| STATEWIDE | 7,454 | 186.5 | 6,899 | 175.0 | 2,182 | 54.8 | 1,893 | 48.9 | 1,782 | 43.3 |
| GENDER | | | | | | | | | | |
| Male | 3,896 | 231.2 | 3,685 | 211.2 | 871 | 54.0 | 997 | 60.5 | 1,144 | 57.8 |
| Female | 3,558 | 149.0 | 3,214 | 148.2 | 1,311 | 55.0 | 896 | 40.9 | 638 | 29.0 |
| RACE/ETHNICITY³ | | | | | | | | | | |
| White/Non-Hispanic | 7,233 | 188.3 | 6,649 | 176.9 | 2,116 | 55.1 | 1,847 | 49.6 | 1,568 | 42.0 |
| American Indian/Non-Hispanic | 52 | 180.8 | 52 | 161.0 | 12 | * | 18 | * | 42 | 70.6 |
| All Other Races/Non-Hispanic | 46 | 124.4 | 46 | 116.4 | 11 | * | 10 | * | 29 | 51.1 |
| Hispanic | 116 | 122.1 | 143 | 132.7 | 40 | 44.5 | 17 | * | 140 | 42.4 |
| GEOGRAPHIC LOCATION⁴ | | | | | | | | | | |
| Urban | 4,812 | 184.5 | 4,450 | 174.5 | 1,415 | 54.7 | 1,234 | 49.5 | 1,011 | 36.6 |
| Rural | 2,642 | 190.3 | 2,449 | 176.1 | 767 | 55.4 | 659 | 48.0 | 771 | 57.7 |

**Idaho Resident Deaths
2003-2005**

| | Alzheimer's disease | | Diabetes mellitus | | Influenza and pneumonia | | Intentional self-harm (suicide) | | Chronic liver disease and cirrhosis | |
|----------------------------------------|---------------------|---------------------------------------|-------------------|---------------------------------------|-------------------------|---------------------------------------|------------------------------------|---------------------------------------|----------------------------------------|---------------------------------------|
| | Number | Age- Adjusted Rate ¹ | Number | Age- Adjusted Rate ¹ | Number | Age- Adjusted Rate ¹ | Number | Age- Adjusted Rate ¹ | Number | Age- Adjusted Rate ¹ |
| HP 2010 TARGET² | | NC | | NC | | NA | | 4.8 | | 3.2 |
| STATEWIDE | 1,106 | 27.4 | 995 | 25.3 | 852 | 21.0 | 682 | 16.7 | 367 | 8.9 |
| GENDER | | | | | | | | | | |
| Male | 326 | 21.3 | 506 | 29.7 | 390 | 24.5 | 568 | 28.3 | 237 | 11.9 |
| Female | 780 | 31.0 | 489 | 22.0 | 462 | 18.6 | 114 | 5.6 | 130 | 6.2 |
| RACE/ETHNICITY³ | | | | | | | | | | |
| White/Non-Hispanic | 1,086 | 27.7 | 915 | 24.4 | 818 | 20.9 | 636 | 17.3 | 317 | 8.3 |
| American Indian/Non-Hispanic | 2 | * | 30 | 102.1 | 10 | * | 12 | * | 23 | 49.8 |
| All Other Races/Non-Hispanic | 5 | * | 9 | * | 6 | * | 5 | * | 1 | * |
| Hispanic | 13 | * | 38 | 36.6 | 17 | * | 26 | 8.8 | 26 | 15.0 |
| GEOGRAPHIC LOCATION⁴ | | | | | | | | | | |
| Urban | 801 | 30.2 | 661 | 25.9 | 560 | 21.1 | 439 | 15.8 | 230 | 8.5 |
| Rural | 305 | 22.0 | 334 | 24.3 | 292 | 21.0 | 243 | 18.8 | 137 | 9.6 |

**Idaho Resident Deaths
Ten Leading Causes of Death
2003-2005**

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|-----------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 30,890 | 100.0 | 773.3 | NA |
| 1. Diseases of heart | 7,454 | 24.1 | 186.5 | NC |
| 2. Malignant neoplasms | 6,899 | 22.3 | 175.0 | 158.6 |
| 3. Cerebrovascular diseases | 2,182 | 7.1 | 54.8 | 50.0 |
| 4. Chronic lower respiratory diseases | 1,893 | 6.1 | 48.9 | NC |
| 5. Accidents | 1,782 | 5.8 | 43.3 | 17.1 |
| 6. Alzheimer's disease | 1,106 | 3.6 | 27.4 | NC |
| 7. Diabetes mellitus | 995 | 3.2 | 25.3 | NC |
| 8. Influenza and pneumonia | 852 | 2.8 | 21.0 | NA |
| 9. Intentional self-harm (suicide) | 682 | 2.2 | 16.7 | 4.8 |
| 10. Chronic liver disease and cirrhosis | 367 | 1.2 | 8.9 | 3.2 |
| All other causes | 6,679 | 21.6 | NA | NA |

Idaho Resident Deaths
Leading Causes to White/Non-Hispanic
2003-2005

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|---------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 29,490 | 100.0 | 775.5 | NA |
| 1. Diseases of heart | 7,233 | 24.5 | 188.3 | NC |
| 2. Malignant neoplasms | 6,649 | 22.5 | 176.9 | 158.6 |
| 3. Cerebrovascular diseases | 2,116 | 7.2 | 55.1 | 50.0 |
| 4. Chronic lower respiratory diseases | 1,847 | 6.3 | 49.6 | NC |
| 5. Accidents | 1,568 | 5.3 | 42.0 | 17.1 |
| All other causes | 10,078 | 34.2 | NA | NA |

Idaho Resident Deaths
Leading Causes to Hispanic³
2003-2005

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|-----------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 798 | 100.0 | 599.7 | NA |
| 1. Malignant neoplasms | 143 | 17.9 | 132.7 | 158.6 |
| 2. Accidents | 140 | 17.5 | 42.4 | 17.1 |
| 3. Diseases of heart | 116 | 14.5 | 122.1 | NC |
| 4. Cerebrovascular diseases | 40 | 5.0 | 44.5 | 50.0 |
| 5. Diabetes mellitus | 38 | 4.8 | 36.6 | NC |
| All other causes | 321 | 40.2 | NA | NA |

Idaho Resident Deaths
Leading Causes to All Other Races/Non-Hispanic
2003-2005

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|---------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 221 | 100.0 | 534.5 | NA |
| 1. (tie) Diseases of heart | 46 | 20.8 | 124.4 | NC |
| Malignant neoplasms | 46 | 20.8 | 116.4 | 158.6 |
| 3. Accidents | 29 | 13.1 | 51.1 | 17.1 |
| 4. Cerebrovascular diseases | 11 | 5.0 | * | 50.0 |
| 5. Chronic lower respiratory diseases | 10 | 4.5 | * | NC |
| All other causes | 79 | 35.7 | NA | NA |

Idaho Resident Deaths
Leading Causes to American Indian/Non-Hispanic
2003-2005

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|----------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 346 | 100.0 | 974.3 | NA |
| 1. (tie) Diseases of heart | 52 | 15.0 | 180.8 | NC |
| Malignant neoplasms | 52 | 15.0 | 161.0 | 158.6 |
| 3. Accidents | 42 | 12.1 | 70.6 | 17.1 |
| 4. Diabetes mellitus | 30 | 8.7 | 102.1 | NC |
| 5. Chronic liver disease and cirrhosis | 23 | 6.6 | 49.8 | 3.2 |
| All other causes | 147 | 42.5 | NA | NA |

**Idaho Resident Deaths
Leading Causes to Males
2003-2005**

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|---------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 15,645 | 100.0 | 905.2 | NA |
| 1. Diseases of heart | 3,896 | 24.9 | 231.2 | NC |
| 2. Malignant neoplasms | 3,685 | 23.6 | 211.2 | 158.6 |
| 3. Accidents | 1,144 | 7.3 | 57.8 | 17.1 |
| 4. Chronic lower respiratory diseases | 997 | 6.4 | 60.5 | NC |
| 5. Cerebrovascular diseases | 871 | 5.6 | 54.0 | 50.0 |
| All other causes | 5,052 | 32.3 | NA | NA |

**Idaho Resident Deaths
Leading Causes to Females
2003-2005**

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|---------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 15,245 | 100.0 | 661.3 | NA |
| 1. Diseases of heart | 3,558 | 23.3 | 149.0 | NC |
| 2. Malignant neoplasms | 3,214 | 21.1 | 148.2 | 158.6 |
| 3. Cerebrovascular diseases | 1,311 | 8.6 | 55.0 | 50.0 |
| 4. Chronic lower respiratory diseases | 896 | 5.9 | 40.9 | NC |
| 5. Alzheimer's disease | 780 | 5.1 | 31.0 | NC |
| All other causes | 5,487 | 36.0 | NA | NA |

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|---------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 20,066 | 100.0 | 769.1 | NA |
| 1. Diseases of heart | 4,812 | 24.0 | 184.5 | NC |
| 2. Malignant neoplasms | 4,450 | 22.2 | 174.5 | 158.6 |
| 3. Cerebrovascular diseases | 1,415 | 7.1 | 54.7 | 50.0 |
| 4. Chronic lower respiratory diseases | 1,234 | 6.1 | 49.5 | NC |
| 5. Accidents | 1,011 | 5.0 | 36.6 | 17.1 |
| All other causes | 7,144 | 35.6 | NA | NA |

| Cause of Death | Idaho | | | Healthy People 2010 Target ² |
|---------------------------------------|--------|---------|---------------------------------|-----------------------------------------|
| | Number | Percent | Age-Adjusted Rates ¹ | |
| ALL CAUSES | 10,824 | 100.0 | 784.6 | NA |
| 1. Diseases of heart | 2,642 | 24.4 | 190.3 | NC |
| 2. Malignant neoplasms | 2,449 | 22.6 | 176.1 | 158.6 |
| 3. Accidents | 771 | 7.1 | 57.7 | 17.1 |
| 4. Cerebrovascular diseases | 767 | 7.1 | 55.4 | 50.0 |
| 5. Chronic lower respiratory diseases | 659 | 6.1 | 48.0 | NC |
| All other causes | 3,537 | 32.7 | NA | NA |

| | Breast feeding Initiation | Breast feeding at 6 Months | Newborn Hearing Screening | | | Enrollment in IRIS ² | | | Up-to-Date Immunizations | | | Well- Baby Care | Self- Rated Postpart um Depress ion | Signific ant Sympto ms of Postpart um Depress ion |
|--------------------------------------------|---------------------------------|-------------------------------------|------------------------------|---------|---------------|------------------------------------|---------|---------------|-----------------------------|---------|---------------|-----------------------|----------------------------------------------------|------------------------------------------------------------------------|
| | | | No | Yes | Don't Know | No | Yes | Don't Know | No | Yes | Don't Know | | | |
| | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent |
| HP 2010 TARGET | 75.0 | 50.0 | NA | | | 95.0 | | | NA | | | NA | NA | NA |
| STATEWIDE | 88.5 | 57.1 | 1.9 | 92.3 | 5.8 | 14.0 | 64.1 | 22.0 | 9.4 | 90.3 | 0.3 | 96.7 | 54.7 | 66.0 |
| AGE¹ | | | | | | | | | | | | | | |
| 18-19 | 82.6 | 20.4 | 1.3 | 87.9 | 10.9 | 9.4 | 55.3 | 35.3 | 7.3 | 91.3 | 1.4 | 91.2 | 63.3 | 75.4 |
| 20-29 | 88.7 | 53.8 | 1.5 | 93.3 | 5.2 | 12.1 | 65.5 | 21.4 | 8.7 | 91.2 | 0.2 | 97.3 | 55.6 | 68.4 |
| 30-39 | 88.2 | 68.3 | 3.0 | 90.4 | 6.7 | 17.9 | 60.2 | 21.9 | 10.9 | 88.6 | 0.5 | 96.3 | 52.4 | 60.6 |
| 40+ | 97.7 | 57.2 | 1.9 | 98.1 | 0.0 | 20.4 | 66.9 | 12.7 | 14.0 | 86.0 | 0.0 | 97.0 | 46.0 | 54.5 |
| ETHNICITY | | | | | | | | | | | | | | |
| Non-Hispanic | 90.2 | 57.6 | 2.1 | 93.7 | 4.2 | 15.0 | 62.6 | 22.4 | 10.2 | 89.5 | 0.3 | 98.1 | 54.8 | 65.6 |
| Hispanic | 78.7 | 53.3 | 0.9 | 83.5 | 15.6 | 7.9 | 72.4 | 19.7 | 4.5 | 94.9 | 0.6 | 88.1 | 54.8 | 70.4 |
| GEOGRAPHIC LOCATION³ | | | | | | | | | | | | | | |
| Urban | 89.8 | 59.0 | 1.8 | 92.6 | 5.6 | 14.6 | 61.4 | 23.9 | 9.2 | 90.6 | 0.3 | 97.6 | 55.1 | 66.2 |
| Rural | 85.2 | 51.9 | 2.3 | 91.4 | 6.4 | 12.2 | 70.9 | 17.0 | 10.1 | 89.5 | 0.5 | 94.4 | 53.9 | 65.5 |

**Idaho Pregnancy Risk Assessment Tracking System (PRATS)
2005**

| | Breastfeed ing Initiation | Breastfeed ing at 6 Months | Newborn Hearing Screening | | | Enrollment in IRIS ² | | | Up-to-Date Immunizations | | | Well- Baby Care | Self- Rated Postpartu m Depressi on | Significan t Symptom s of Postpartu m Depressi on |
|---------------------------------------------|---------------------------------|----------------------------------|------------------------------|---------|---------------|------------------------------------|---------|---------------|-----------------------------|---------|---------------|-----------------------|----------------------------------------------------|------------------------------------------------------------------------|
| | | | No | Yes | Don't Know | No | Yes | Don't Know | No | Yes | Don't Know | | | |
| | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent | Percent |
| HP 2010 TARGET | 75.0 | 50.0 | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA | NA |
| STATEWIDE | 88.5 | 57.1 | 1.9 | 92.3 | 5.8 | 14.0 | 64.1 | 22.0 | 9.4 | 90.3 | 0.3 | 96.7 | 54.7 | 66.0 |
| AGE¹ | | | | | | | | | | | | | | |
| 18-19 | 82.6 | 20.4 | 1.3 | 87.9 | 10.9 | 9.4 | 55.3 | 35.3 | 7.3 | 91.3 | 1.4 | 91.2 | 63.3 | 75.4 |
| 20-29 | 88.7 | 53.8 | 1.5 | 93.3 | 5.2 | 12.1 | 65.5 | 21.4 | 8.7 | 91.2 | 0.2 | 97.3 | 55.6 | 68.4 |
| 30-39 | 88.2 | 68.3 | 3.0 | 90.4 | 6.7 | 17.9 | 60.2 | 21.9 | 10.9 | 88.6 | 0.5 | 96.3 | 52.4 | 60.6 |
| 40+ | 97.7 | 57.2 | 1.9 | 98.1 | 0.0 | 20.4 | 66.9 | 12.7 | 14.0 | 86.0 | 0.0 | 97.0 | 46.0 | 54.5 |
| ETHNICITY | | | | | | | | | | | | | | |
| Non- Hispanic | 90.2 | 57.6 | 2.1 | 93.7 | 4.2 | 15.0 | 62.6 | 22.4 | 10.2 | 89.5 | 0.3 | 98.1 | 54.8 | 65.6 |
| Hispanic | 78.7 | 53.3 | 0.9 | 83.5 | 15.6 | 7.9 | 72.4 | 19.7 | 4.5 | 94.9 | 0.6 | 88.1 | 54.8 | 70.4 |
| GEOGRAPH IC LOCATION³ | | | | | | | | | | | | | | |
| Urban | 89.8 | 59.0 | 1.8 | 92.6 | 5.6 | 14.6 | 61.4 | 23.9 | 9.2 | 90.6 | 0.3 | 97.6 | 55.1 | 66.2 |
| Rural | 85.2 | 51.9 | 2.3 | 91.4 | 6.4 | 12.2 | 70.9 | 17.0 | 10.1 | 89.5 | 0.5 | 94.4 | 53.9 | 65.5 |

